



A Local Information System for Scotland

Wester Ross Third Sector Conference, Ullapool Village Hall, 26/09/23



# ALLIANCE

HEALTH AND SOCIAL CARE  
ALLIANCE SCOTLAND  
people at the centre

“Our vision is for a Scotland where people who are disabled or living with long term conditions and unpaid carers have a strong voice and enjoy their right to live well.”

# ALLIANCE portfolio



ALLIANCE  
HEALTH AND SOCIAL CARE  
ALLIANCE SCOTLAND  
people at the centre

Health and Social Care  
**ACADEMY**



ALLIANCE  
**Live**



**Carer Voices**

**Digital**  
Citizen Panel



Community  
*in*  
**Action**  
COVID-19



**SCOTLAND**  
REDUCING  
Gambling Harm



getting  
**it right**  
for every child

**Humans**  
*of*  
**Scotland**



**Living Well:**  
Emotional Support Matters

In partnership with

**MACMILLAN**  
CANCER SUPPORT



Integration  
Support


**Self Management**  
Network Scotland

**The Scottish**  
Sensory Hub



ALISS helps people find and share information about local community assets and services that support health and wellbeing



A group of people are gathered around a table in a meeting or workshop. They are looking at documents and talking. The scene is dimly lit, with a focus on the people and their interaction. The text is overlaid on the left side of the image.

Co-produced with people  
who are disabled, living with  
long term conditions, and/or  
providing unpaid care

- ## What keeps you well?

People valued a wide range of support including local activities, events, places and opportunities as well as formal services.



- ## Are there barriers to accessing these resources?

Information about local support is hard to find, either because it is only available in paper form or word of mouth, and when online, it is often scattered across multiple sites with a lot of duplication.

- ## What should we do to address these barriers?

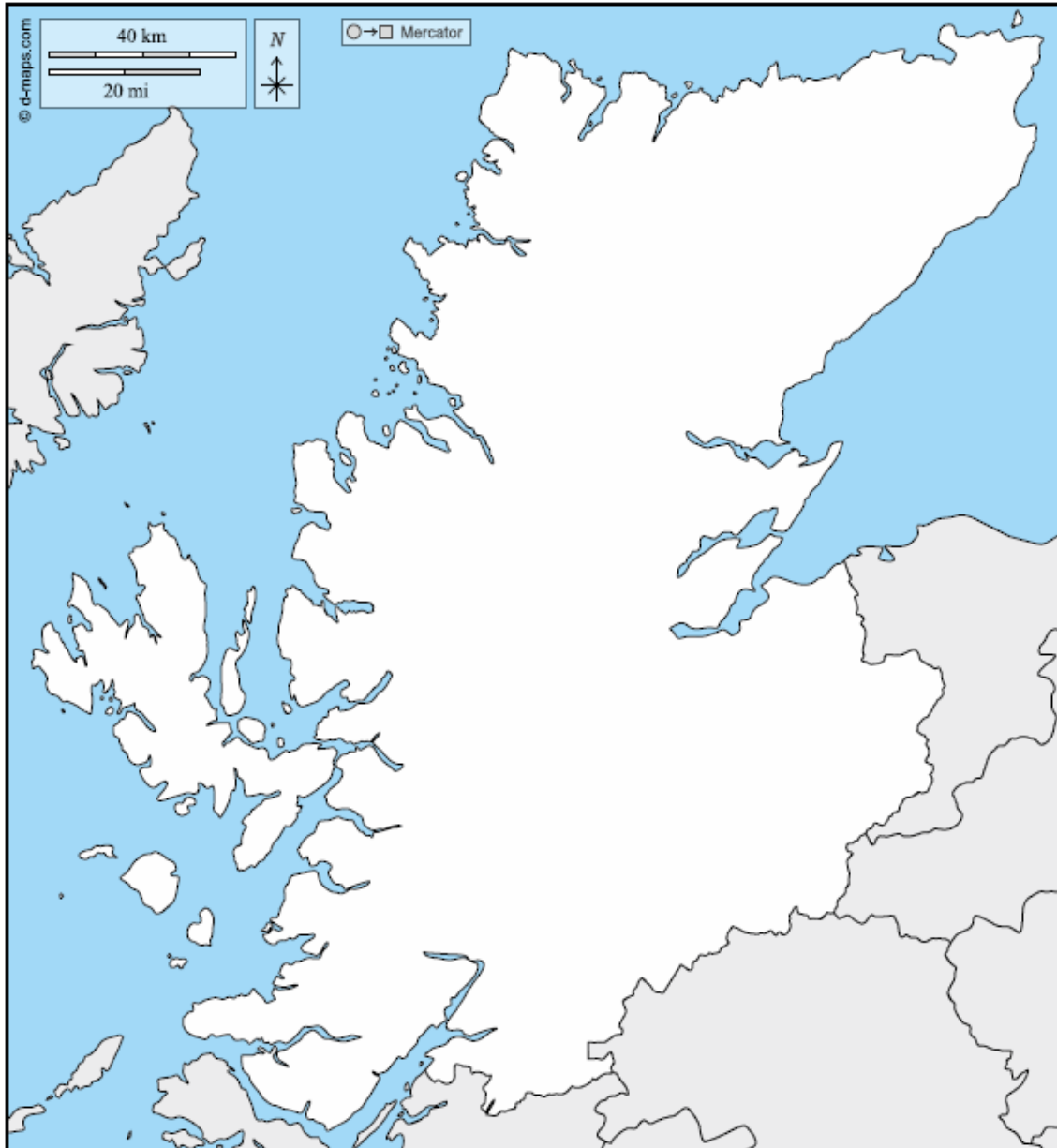
One list of all sources of support, made available through multiple places where individuals might seek it themselves or where professionals might seek it on their behalf. And, a mechanism and support that enables agencies and professionals across different sectors to work together and with communities to collectively identify, maintain and share information.

# ALISS includes a broad range of groups, services, activities and resources that help:

- enable social connection  
e.g. peer support, hobby clubs, befriending services
- assist people to self manage their long term conditions  
e.g. helplines, support groups
- support outdoor or physical activity  
e.g. walking groups, community gardens
- link to a range of practical support  
e.g. money advice, advocacy support
- access digital technology  
e.g. online forums, health related mobile apps



Tell us about a resource in your local community that helps to support your own or other people's health and wellbeing.



**Who** is the organisation or group that provides or runs the resource?

**What** is the service or activity that this organisation or group provide?

**Where** does this service or activity take place?





**Basic Account**

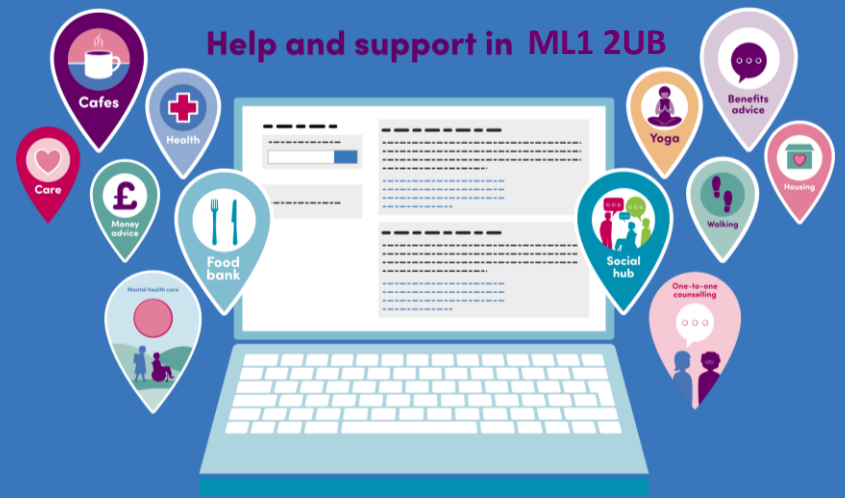


**ALISS Editor**



**Claimed Organisation**







## Connecting you to your community

Put a postcode, town or city into the search box below to find services, groups and activities for health and wellbeing across Scotland

 ✕ Search

[Quick exit](#) 





## Services and resources for (IV26 2UH)

### Filter search results

#### Filter by category:

Choose a primary category ▾

#### Filter by keyword:

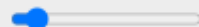
E.G. diabetes ✕

#### Filter by local or national:

- Show me all services
- Show me services that operate locally
- Show me services that operate nationally

#### Show me services within a:

- 15 minute walk (1km/0.6mi)
- 10 minute drive (10km/6.2mi)
- 30 minute drive (30km/18.6mi)
- Custom Distance (10km)



This distance is measured in straight lines

### Gentle Movement CLAIMED

By: Macmillan Move More Highland CLAIMED

These classes are led by fully trained Gentle Movement volunteers. Gentle Movement is a specially adapted form of activity, designed by Macmillan Cancer Support, to help people affected by cancer to 'Move Mor...

Visit the website

01463 667500

movemore@highlifehighland.com

### Connecting Carers CLAIMED

By: Connecting Carers CLAIMED

Connecting Carers provides information and advice to Carers, to help each Carer make the best decisions about their caring role. We also provide help with accessing funding, we offer counselling through our W...

Visit the website

Referral Information

01463723560

carers@connectingcarers.org.uk

Quick exit ↗





## Services and resources for (IV26 2UH)

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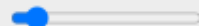
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- Custom Distance (10km)



This distance is measured in straight lines

### New Broom **UNCLAIMED**

By: Lochbroom & Ullapool Community Trust (LUCT) **UNCLAIMED**

The New Broom provides employment and volunteering opportunities, reducing the community's contribution to landfill and generating income for the Trust's core activities. Each year we divert over 17 tonnes...

Visit the website

07935570259

gill@ullapoolcommunity.org

### Community Pantry **UNCLAIMED**

By: Lochbroom & Ullapool Community Trust (LUCT) **UNCLAIMED**

The main aim of the Community Pantry is to prevent food going to waste, whilst at the same time providing a helping hand to anyone needing a little support. It's a small sage coloured shed that can be found i...

Visit the website

07935570259

gill@ullapoolcommunity.org





## Community Pantry

 UNCLAIMED

The main aim of the Community Pantry is to prevent food going to waste, whilst at the same time providing a helping hand to anyone needing a little support. It's a small sage coloured shed that can be found in the Lucky House carpark on Latheron Lane. You need a code to get in and it's displayed on the Tesco notice board and in the New Broom window and various other places about the village.

All items in it are free for anyone who can make good use of them. We just ask that you take only what you need. The Pantry is all about not letting good food go to waste. If you are a person who hates waste and want to use the pantry, please do. If you want to and are able you could perhaps bring something to donate next time you visit.


Any queries or if you would like to be one of our pantry volunteers, then please contact us.

**Addresses:** [View all \(1\)](#)




### Contact information

You can use the information below to get in touch with Community Pantry

 [Visit the website](#)

 07935570259


 [gill@ullapoolcommunity.org](mailto:gill@ullapoolcommunity.org)

**Quick exit** 

### Actions

 [Share this page via email](#)

 [Print this listing](#)

 [Add to collection](#)

 [Return to latest search results](#)

**Do you represent this service?**






## Lochbroom & Ullapool Community Trust (LUCT)

Lochbroom & Ullapool Community Trust (LUCT) is a Development Trust. We act as an anchor organisation serving the community of the wider Lochbroom area. We deliver projects of our own and act as a development agency to nurture other groups, initiatives and kick start projects. Our overall goal is to support the community to be healthy, inclusive and environmentally and economically sustainable.

### Claim status:

 **UNCLAIMED**

### Last reviewed:


25/09/2023

### Contact information

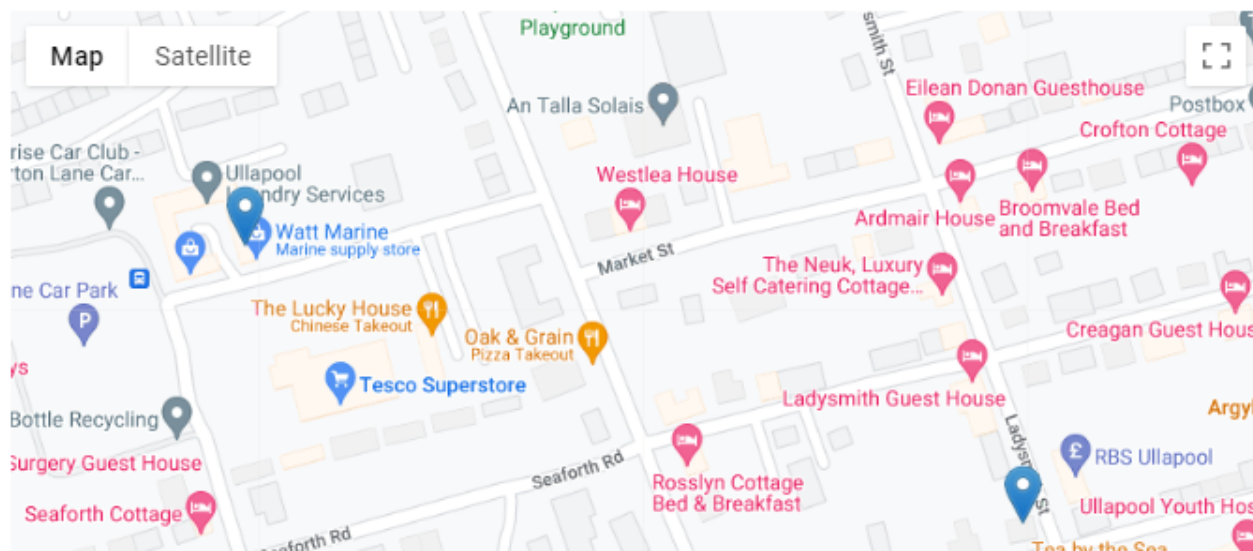
You can use the information below to get in touch with Lochbroom & Ullapool Community Trust (LUCT)

 [Visit the website](#)

 [info@ullapoolcommunity.org](mailto:info@ullapoolcommunity.org)

 [Find us on Facebook](#)

**Quick exit** 



### Actions

 [Print this organisation](#)

 [Return to latest search results](#)

### Do you represent this organisation?

This organisation has not been claimed yet.



```
organisation: {  
  id: "c9332c5d-7201-4f59-9565-3136a25b1f9e",  
  name: "Opportunities In Retirement - Largs (OIR Largs)",  
  aliss_url: "https://www.aliss.org/organisations/opportunities-in-retirement-largs-oir-largs-0/",  
  permalink: "https://www.aliss.org/organisations/c9332c5d-7201-4f59-9565-3136a25b1f9e",  
  is_claimed: false,  
}
```

“Open data is data that’s available to everyone to access, use and share.”

Open Data Institute (ODI)

```
id: "5cefe814-bd7c-447f-a026-2c599b41e701",  
formatted_address: "(Meeting Point) Vikingar Car Park, 40 Greenock Road, Largs, KA30 8QL",  
name: "(Meeting Point) Vikingar Car Park",  
description: "",  
street_address: "40 Greenock Road",  
locality: "Largs",  
region: "",  
state: ""
```





**Coronavirus Community Assistance Directory**  
Find and offer help in your community

© 2020 The Scottish Council For Voluntary Organisations (SCVO) is a Scottish Charitable Incorporated Organisation. Charity registered in Scotland SC009558. Registered office: Mansfield Traquair Centre, 75 Mansfield Place, Edinburgh EH3 6BB.



**Strata Health** | Home Solutions Impact Customers Resources

**One Software Solution to Manage Transitions of Care**

**access** Elemental Social Prescribing

**Let's Get Communities Connected**

A directory of interventions to help people in the justice system connect into their own communities.

**GLASGOW ALLIANCE**

**GET HELP GLASGOW**

**WE'RE TRANSFORMING GLASGOW'S APPROACH TO HOMELESSNESS AND ENDING ROUGH SLEEPING IN THE CITY**

**CogniCare**

Tailored guidance for dementia care

CogniCare is an app for families looking after someone with dementia. It is designed to improve the caring experience by providing advice and resources to help with daily tasks and promote the carer's wellbeing.

[Download CogniCare for free](#)

[Learn more about CogniCare](#)

**NHS inform** | Search NHS inform/Services

**Scotland's Service Directory**

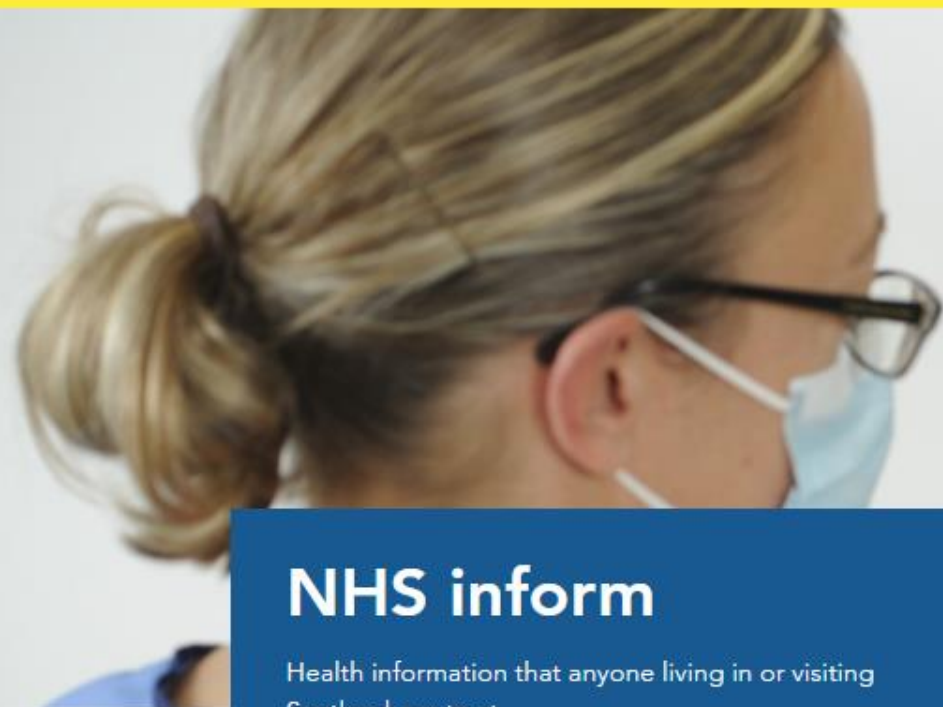
Details of health and wellbeing services in Scotland. Includes GP practices, dental services and support groups.

<a href="#">A&amp;Es and Minor Injuries Units &gt;</a>	<a href="#">Dental services &gt;</a>	<a href="#">GP practices &gt;</a>
<a href="#">Health and wellbeing services &gt;</a>	<a href="#">Hospitals &gt;</a>	<a href="#">Opticians &gt;</a>
<a href="#">Pharmacies &gt;</a>	<a href="#">Sexual health clinics &gt;</a>	

**EAST AYRSHIRE**

**Health & Social Care Partnership**

[Book your winter vaccines appointment](#)



## NHS inform

Health information that anyone living in or visiting  
Scotland can trust



### Self-help guides

Check your symptoms

[→ Go to self-help guides](#)

### Scotland's Service Directory

Find a local service or group in your area

[→ Find local services or groups](#)



### Your Selections [Clear](#)

- ✕ Stop Searching This Location

### Refine your search

- ▶ [Open on... \(3\)](#)
- ▶ [Topic \(30\)](#)
- ▶ [Health Board \(14\)](#)
- ▶ [Local Authority \(32\)](#)

## 6597 Search results (ordered by service nearest to your location)



Due to workforce pressures, a number of services may be operating different opening times from normal.

Health and Well-being

### Community Pantry

0.2 miles away

● **Opening times not provided**

The main aim of the Community Pantry is to prevent food going to waste, whilst at the same time providing a helping hand to anyone needing a little support. It's a small sage coloured shed that can...

#### Address

The Lucky House (Car Park)  
Latheron Lane  
Ullapool  
IV26 2XB

#### Services Offered

- Foodbank



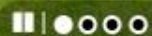
ALISS information is added and maintained by professionals, organisations and citizens living or working in local communities throughout Scotland. More information about [Scotland's Service Directory](#).



# living well in East Ayrshire

Hello. Welcome to your go-to place for all things health and wellbeing to help you live well in East Ayrshire.

[View all Topics >](#)



**Connecting you to your community.**

Search for services, groups and activities in East Ayrshire by entering a postcode or your nearest town.

## Find a local service or group

Aliss



kilmarnock

### Refine your search

#### Looking in

- East Ayrshire (default)

#### Services Offered

- [Children and Families](#)
- [Weight Management](#)
- [Foodbank](#)
- [Carers](#)
- [Young Carers](#)
- [Older Adults](#)
- [Cognitive Behavioural Therapy \(CBT\)](#)
- [Counselling](#)
- [Benefits](#)
- [Crisis Management](#)
- [Debt Advice](#)
- [Welfare Rights](#)
- [Housing Support & Advice](#)
- [Clear](#)

Aliss

### Ayrshire East Foodbank

- Opening times not provided

If you live in East Ayrshire and need to use the foodbank, you should get a voucher from one of our referrers, who include housing, social work and GP's and...

#### Address

St Matthews Parish  
Grassyards Road  
Kilmarnock  
KA3 7SH

#### Services Offered

- Children and Families
- Weight Management
- Foodbank

Aliss

### Epilepsy Scotland Training and awareness talks

- Opening times not provided

Our paid for training courses are popular with parents, carers, employers and care staff and are delivered by professional trainers. Attending one of our training courses will provide a clearer...

#### Services Offered

Aliss

### East Ayrshire Foodbank

- Opening times not provided

"The foodbank was there when we really needed it, it was an absolute lifeline." We don't think anyone in our community should have to face going hungry. That's why we...

#### Address

Darvel Parish Church  
Hastings Square  
Darvel  
KA17 0DR

#### Services Offered

- Children and Families
- Weight Management
- Foodbank

Aliss

### mobile health apps

- Opening times not provided

We provide mobile health apps to patients with long term conditions via clinical teams if they are using them as part of their service delivery.

#### Services Offered

- Carers
- Young Carers
- Older Adults

# GET HELP GLASGOW

## SEARCH FOR SERVICES IN SCOTLAND

Find information, support and services in your community that can help.

Use the search bar below or links below to help you find:

- Food banks
- Local and national services
- Browse all
- Mental health support
- Homelessness support
- Money advice

The results are collated by ALISS (A Local Information System for Scotland), a programme funded by the Scottish Government and delivered by the [Health Care Alliance Scotland \(the ALLIANCE\)](#).

Are you rough sleeping, or concerned about someone who is? Call the Rough Sleeper and Vulnerable People (RSVP) free helpline on 0800 027 7466 for urgent support.

The RSVP service is co-ordinated by [Simon Community Scotland](#).

🔍

## GET HELP GLASGOW

## HELP AND SUPPORT IN GLASGOW (G12 0XH)

Food and Nutrition ▾

Filter by sub category ▾

## CUSTOMIZE RESULTS

Filter by key word... Q

Filter by local or national:

- Show me all services, local and national
- Only show the services that operate locally
- Only show the services that operate nationally

Show me services within a:

- 15 minute walk (1km/0.6mi)
- 10 minute drive (10km/6mi)
- 30 minute drive (20km/12mi)
- Custom distance

RESET SEARCH

## Gartnavel Growing Spaces - Gartnavel Royal Hospital

By: [The Conservation Volunteers \(TCV\) Scotland](#)

\*\*Booking is essential. Please contact the Senior Project Officer on the contact information provided.\*\* Gartnavel Growing Spaces is set in the wonderful walled garden at Gartnavel Royal Hospital g...

&gt; 07767112094

&gt; Nearest location 0.31km

> <https://www.tcv.org.uk/>> [camilo.brokaw@tcv.org.uk](mailto:camilo.brokaw@tcv.org.uk)

Food and Nutrition Mental Health Conditions Physical Health Physical Activity Activity Exercise & Get Fit Outdoor Pursuits Social Activity Social Group  
Community Garden Conditions Health and Social Care Services Therapy Activity

## Nutrition Workshops

By: [Maggie's](#)

Weekly group workshops. Eating well during and after cancer treatment can make a real difference to the way you feel. Our nutrition workshops introduce you to types of food that are particularly g...

&gt; 0141 357 2269

&gt; Nearest location 0.51km

> <https://www.maggiescentres.org/>> [glasgow@maggiescentres.org](mailto:glasgow@maggiescentres.org)

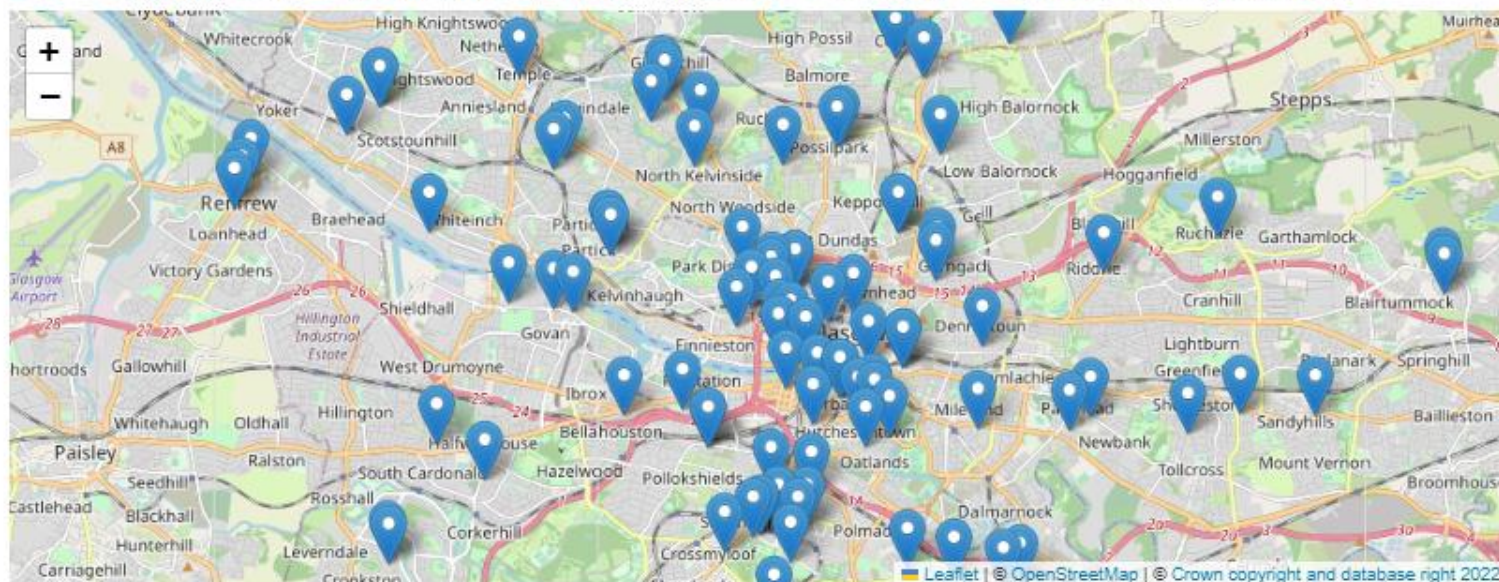
Food and Nutrition Cancer Conditions Lifelong Learning Education and Employability Cookery Class Conditions Education and Employability

Find local food services in your community by using the search function below.

The results are collated by ALISS (A Local Information System for Scotland), a programme funded by the Scottish Government and delivered by the [Health Care Alliance Scotland \(the ALLIANCE\)](#).

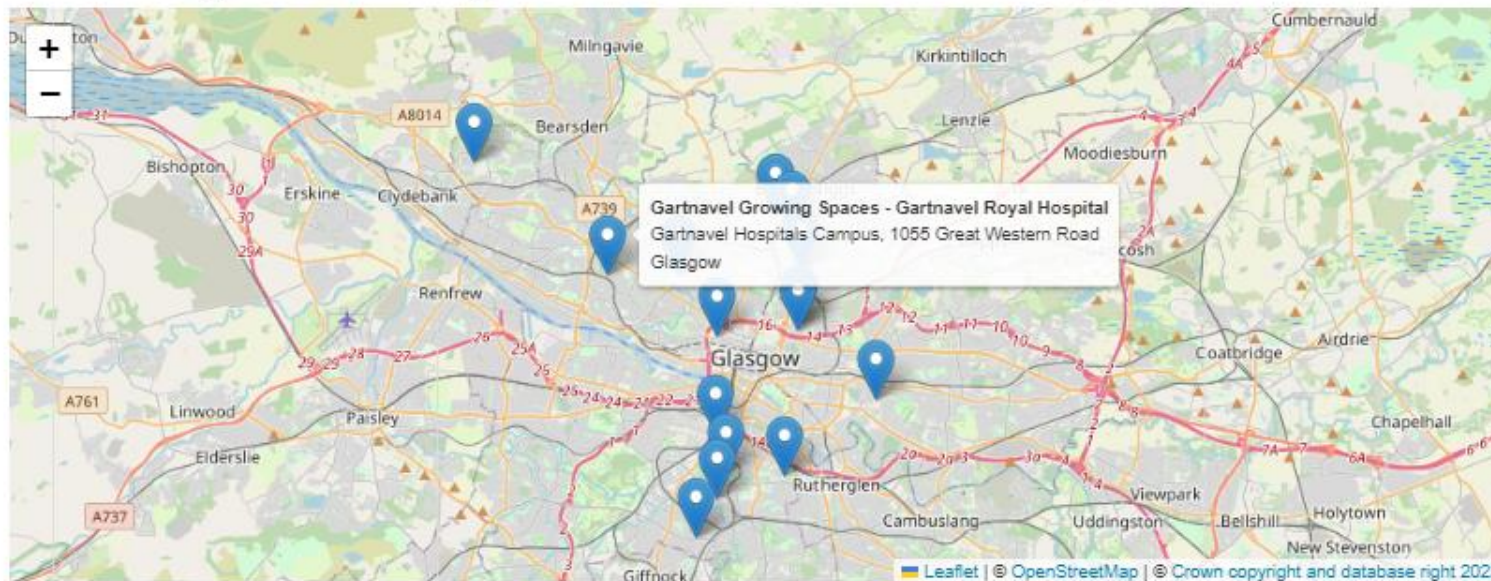


- All
  Community Garden
  Food Delivery
  Foodbank
  Free Meals
  Lunch Club
  Community Cafe
  Breakfast Club





All 
  Community Garden 
  Food Delivery 
  Foodbank 
  Free Meals 
  Lunch Club 
  Community Cafe 
  Breakfast Club



## Gartnavel Growing Spaces - Gartnavel Royal Hospital

By [The Conservation Volunteers \(TCV\) Scotland](#)

**\*\*Booking is essential. Please contact the Senior Project Officer on the contact information provided.\*\*** Gartnavel Growing Spaces is set in the wonderful walled garden at Gartnavel Royal Hospital grounds and allows the opportunity for community members, hospital patients and staff to create opportunities for gardening and nature connection. Come along and develop growing techniques, land management strategies and learn a variety of basic horticultural skills to manage the space. Doing so will help to improve positive mental and physical wellness and biodiversity outcomes for nature.

[!\[\]\(56549452e01ca28bdf2500ced9653143\_img.jpg\) Gartnavel Summerhouse Community Garden, Gartnavel Hospitals Campus, 1055 Great Western Road, Glasgow, G12 0XH](#)

[Visit the website](#)

[07767112094](tel:07767112094)

[camilo.brokaw@tcv.org.uk](mailto:camilo.brokaw@tcv.org.uk)



# Thank you!



Please get in touch if you have any questions or need any support adding or managing information on ALISS

- [hello@aliss.org](mailto:hello@aliss.org)
- [cameron.macfarlane@alliance-scotland.org.uk](mailto:cameron.macfarlane@alliance-scotland.org.uk)
- [@alissprogramme](#)
- [www.aliss.org](http://www.aliss.org)
- [www.alliance-scotland.org.uk](http://www.alliance-scotland.org.uk)

