



Skye & Lochalsh Wellbeing and Community Services Directory 2025-2027



HEALTH & SOCIAL CARE
WELFARE
COMMUNITY SERVICES
MEDICAL
EMERGENCY SERVICES

Welcome to the new **Skye and Lochalsh Wellbeing and Community Support Directory** packed with contact details and information on a wide range of services available in our local area. The majority of these are provided by Third Sector organisations – volunteer-led groups and charities that support the health and wellbeing of us all here in Skye and Lochalsh. Where there is no locally based organisation offering assistance, we have included signposts to organisations based outwith the immediate local area. We have also included contact details for key services provided by statutory agencies covering emergency services, access to medical services and social work.

This Directory has been compiled as part of Year One of the *Skye and Lochalsh Health Wellbeing Welfare and Social Care (HWWS) Collaboration Project* following extensive mapping and engagement. For more information about the HWWS Collaboration please visit <https://www.slcvo.org.uk/hwws-collaboration>. You can also download a copy of this Directory from the SLCVO website.

Wherever possible, information gathered from online sources has been checked and verified with the group/organisation listed. Where personal emails have been included these have been done so with permissions given for the sole purpose of contacting those individuals about the work of the group or organisation listed.

We would like to thank Lochalsh and Skye Housing Association. Their original financial contribution has not only enabled previous copies of the Skye and Lochalsh Community Health and Wellbeing Directory (2019 and 2022) to be printed – but has also enabled us to print copies of this new Directory. *Mòran taing.*

Skye and Lochalsh Council for Voluntary Organisations

Tigh Lisigarry, Bridge Road, Portree, Isle of Skye IV51 9ER

Website www.slcvo.org.uk

Social media www.facebook.com/

Phone 01478 612921

Email info@slcvo.org

HEALTH & SOCIAL CARE	5
Addiction Support / Substance Misuse	5
Autism	6
Befriending.....	7
Bereavement Support.....	7
Cancer Support.....	7
Carer Services/ Carer Support.....	8
Children’s Services	9
Counselling Services	10
Dementia.....	10
Dyslexia	11
Eating Disorders	11
Family Support	11
Learning Disability Support	12
LGBTQI+.....	12
Long Covid see CHEST HEART AND STROKE SCOTLAND and MY-SELF MANAGEMENT	13
Mental Health Support.....	13
Mental Wellbeing Support	15
Men's Support Services.....	15
Older People see also THE BUDHMOR FUND (Skye Older People’s Welfare)	15
Other Health/Long Term Conditions.....	18
Parkinson’s Support	18
Physical Disabilities	18
Stroke Support	19
Veterans	19
Visual Impairment / Blindness	20
Women’s Support	20
NATIONAL HELPLINES	21
WELFARE SUPPORT	22
Advice & Information Services.....	22
Advocacy Support	23
Childcare / Nurseries.....	23
Equality & Human Rights see also listings under LGBTQI+	23
Financial Support/Material Assistance - for individuals	24
Food Banks/Food Shares and Community Fridges	24
Later Life Housing / Sheltered Housing.....	25

Social Housing/Homelessness Support.....	26
COMMUNITY SERVICES AND DEVELOPMENT	27
Community Councils	27
Community Development/Capacity Building.....	28
Community Radio.....	30
Community Shops	30
Community Transport	31
Development Trusts see also DEVELOPMENT TRUST ASSOCIATION SCOTLAND	32
Fundraising Groups	37
Community Benefits Funding / Grant Making Organisations	38
COMMUNITY SPACES	40
Village Halls /Community Centres/Community Hubs	40
Leisure Centres / Swimming Pools.....	46
Local Library Services	47
COMMUNITY FACEBOOK GROUPS	48
REDUCE, RE-USE and RECYCLE	48
Charity Shops	48
Community Swaps / Re-use and Recycle	49
FAITH SERVICES	50
MEDICAL	53
Doctors/GP Surgeries/Health Centres	53
Hospitals.....	54
Dental Care / Dentists	54
Opticians	55
Chemists.....	55
LOCAL COUNCIL.....	56
Highland Council Service Points	56
Community Health and Social Care Services - Single Point of Access.....	56
EMERGENCY RESPONSE & RESCUE SERVICES.....	57
AMBULANCE.....	57
FIRE.....	57
POLICE	57
MOUNTAIN RESCUE	57
HM COASTGUARD and RNLI SERVICES.....	58
INDEX.....	60

HEALTH & SOCIAL CARE

Addiction Support / Substance Misuse

ACI RECOVERY SERVICES

108 Main Street Inverness IV1 1EP

www.recovery.scot

www.facebook.com/recovery.scot

Email: hello@recovery.scot

Phone: 01463 220995

Access to services: by referral or self-referral

ACI Recovery Services help individuals with drug, alcohol, and gambling addictions in Highland. Up to 24 free sessions with a dedicated counsellor on a weekly basis, using talking therapies (counselling). Their services also extend to the family members and loved ones of those facing challenges related to addiction.

Addictions Counselling Inverness is a Scottish Charity SC000233 regulated by the Scottish Charity Regulator (OSCR).

ALCOHOLICS ANONYMOUS

www.alcoholics-anonymous.org.uk

Phone: 0131 225 2727 (24 Hrs)

local AL Anon meetings take place in Broadford, Dunvegan, Portree and Kyle of Lochalsh. Times and venues are on the website.

Closed Meetings are limited to people who think or know they have a problem with drinking. **Open Meetings** – extend to include family and friends supporting their loved ones

AA is a Fellowship supporting alcoholics help each other and reach out to others struggling with alcoholism. It is free to attend AA. To be a member all you need is a desire to stop drinking.

AA is a worldwide fellowship. In Scotland it is a Scottish Charity SC038023 regulated by the Scottish Charity Regulator (OSCR).

THE KEYS PROJECT

www.thekeysproject.org

Email: northskye@thekeysproject.org

Phone: 0775945034

Meet at Skye Gathering Hall, Portree
Mondays 1.30pm - 3pm

see also XCEL CHURCH

The Keys Project works with Xcel Church providing a community-based programme to help people escape addiction. Working with the individuals' own support network, connecting them with others in recovery, engaging with their local church, and accessing other support in their local community with a Christian-adapted 12-step programme and one-to-one support. Further information on the Keys Project can be found on the website.

Xcel Church is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052062

LIVING HOPE (SKYE & LOCHALSH) The Lighthouse, 5 Station Road, Kyle of Lochalsh, IV40 8AE www.livinghopesl.co.uk Email contact@livinghopesl.co.uk Phone 0771 543 5341	Living Hope offers help to people with life-controlling alcohol and/or substance misuse and support them through related issues such as poor mental health, relationship breakdown and homelessness. They offer 12 step <i>Road to Recovery</i> meetings. The Lighthouse café enables a neutral drop-in space for service users, a recovery group on Wednesday evenings and Sunday Christian worship gatherings open to all every fortnight. Living Hope (Skye & Lochalsh) is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC050950
Autism	
ARGH SCOTLAND www.arghighland.co.uk Email: info@arghighland.co.uk	ARGH Scotland is a collective advocacy, lobbying and campaigning group based in the Highlands and working across Scotland. They are run by and for autistic adults. Offer Post Diagnosis course for autistic people (18+) who have received an autism diagnosis within the last five years. There is also a course for parents of autistic people of any age.
AUTISM INITIATIVES UK 1/1A Friars Street, Inverness, IV1 1RJ www.autisminitiatives.org/highland Email: highlandoss@aiscotland.org.uk Phone: 01463 717649 Access to their services:- by referral from a health professional or by self-referral. For people on the waiting list for formal diagnoses they can offer limited assistance.	The national charity Autism Initiatives provides a service for autistic adults, aged 16 and over (with a formal diagnosis) who live in Highland. Their Highland One Stop Shop (offers a space for groups and activities, scheduled drop-in times, and 1-1 appointments for advice and support on a range of issues. Autism Initiatives UK is a Scottish charity, SC040905 regulated by the Scottish Charity Regulator (OSCR).
NATIONAL AUTISTIC SOCIETY – HIGHLAND BRANCH www.facebook.com/NASHighland Email highland.branch@nas.org.uk	The National Autistic Society Scotland's volunteer-led Highland branch offer support for autistic individuals and their families. National Autistic Society Scotland is a Scottish Charity SC039427 regulated by the Scottish Charity Regulator (OSCR)

SCOTTISH AUTISM Hilton House, Alloa Business Park, Whins Road, Alloa, FK10 3SA www.scottishautism.org Phone Autism Advice Line - 01259 222 022 open Mondays, Tuesdays, Thursdays and Fridays, from 10am - 4pm. (Closed on Wednesdays and at weekends) Email advice@scottishautism.org	Scottish Autism provide a national advice line for confidential and personalised autism-specific support to autistic people, and their families, carers and professionals, wherever you are on your journey. Scottish Autism is a Scottish Charity, SC009068 regulated by the Scottish Charity Regulator (OSCR).
SKYE AUTISM SUPPORT <u>Facebook page</u> Email: skyeautism2023@outlook.com	Skye Autism Support offer support for autistic people (aged 16 years and over) and their loved ones living in Skye and Lochalsh. Their friendly 'get togethers' enable the exchange of experiences and information either in person or online.
Befriending	
BEFRIENDERS – SKYE & LOCHALSH www.slcvo.org.uk/befrienders Tigh Lisigarry Bridge Road Portree IV51 9ER Email befrienders@slcvo.org.uk Phone: 0752 254 4280	Volunteer befriending service run by Skye and Lochalsh Council for Voluntary Organisations and funded by the Highland Hospice and NHS Highland. Our volunteer Befrienders provide company and friendship tailored to an individual needs -for example visiting a person at home; taking short car trips/outings; make regular telephone calls; help with a hobby etc. See also SKYE & LOCHALSH COUNCIL FOR VOLUNTARY ORGANISATIONS
Bereavement Support See CROCUS HIGHLAND	
Cancer Support	
SKYE CANCER CARE Email pamela.rose2@nhs.scot Phone 07748 761858. Support sessions are on the 3rd Tuesday of every month and alternate between Dunvegan and Portree venues. See also MACMILLAN CNS SERVICE and MAGGIE'S HIGHLAND	Skye Cancer Care raises funds to support palliative care for cancer patients in the Isle of Skye. They fund training for doctors and nurses in palliative care, help to supply specialist equipment for the care of palliative patients and support local Cancer Support Groups. They also offer support sessions facilitated by the Skye, Lochalsh and Wester Ross Macmillan Nurses - Open to anyone affected by cancer, including family & carers. All groups provide support, information and time to chat to others. Skye Cancer Care is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC047224

MACMILLAN CNS SERVICE Skye, Lochalsh, South Wester Ross www.macmillan.org.uk Email barbarah.macdonald@nhs.scot Phone 01471 822913 Support Groups - Email pamela.rose2@nhs.scot or phone 01478 822913 and leave a message. See also SKYE CANCER CARE and MAGGIE'S HIGHLAND.	The local Macmillan CNS Service offers support and advice for people with cancer and other progressive conditions within Skye, South Wester Ross and Lochalsh. The service works closely with Highland Hospice who provide outreach support to patients and Health care Professionals. End-of life care can be provided by local community nursing and care at home staff, or Broadford Hospital. Macmillan nurses also administer chemotherapy (including palliative treatment) at Broadford Hospital. Macmillan Cancer Support is a Scottish Charity, SC039907, regulated by the Scottish Charity Regulator (OSCR).
MAGGIE'S HIGHLAND Raigmore Hospital Inverness www.maggies.org/our-centres/maggies-highland www.facebook.com/maggieshighlands Open Monday – Friday 09:00 -17:00 Email highlands@maggies.org Phone 01463 382900 See also SKYE CANCER CARE and MACMILLAN CNS SERVICE above	Maggie's Highland offers a free service to anyone affected by cancer – with a warm and welcoming purpose-built drop-in centre within the grounds of Raigmore Hospital opposite the MacMillan Oncology Suite. The centre offers access to information on cancer treatment; Cancer site-specific support groups; help with understanding and claiming benefits; exercise and nutrition groups; support for family and friends; bereavement support and relaxation/ stress management. Support can be one to one or as a group and is available online as well as in person. Maggie Keswick Jencks Cancer Caring Centres Trust also known as Maggie's is a Scottish Charity, SC024414, regulated by the Scottish Charity Regulator (OSCR).
Carer Services/ Carer Support See also Skye and Lochalsh PARENT CARERS SUPPORT GROUP	
CROSSROADS CARE - SKYE & LOCHALSH Kings House, The Green, Portree, Isle of Skye IV51 9BS www.crossroads-skye.co.uk www.facebook.com/crossroadsskye Access to services via NHS referral or self-referral. Email office@crossroads-skye.co.uk Phone 01478 612399	Crossroads Care Skye and Lochalsh provide person-centred care supporting people of all ages in their own home. Where there is an unpaid carer in the home (young or adult) Crossroads endeavour to provide respite for them whenever they require it. Crossroads Care – Skye and Lochalsh is a Scottish Charity SC015158 regulated by the Scottish Charity Regulator (OSCR) See also CROSSROADS CHARITY SHOP

CONNECTING CARERS Wells Street Studios, 33 Wells Street, Inverness, IV3 5JU www.connectingcarers.org.uk Email: carers@connectingcarers.org.uk Phone: Carer Support 01463 723560	Connecting Carers provides information, advice, support and training for adults and young carers. They are the Carer Centre for Highland, delivering carer services on behalf of NHS Highland and The Highland Council. Connecting Carers is a Scottish Charity SC020501 regulated by the Scottish Charity Regulator (OSCR).
SKYE & LOCHALSH YOUNG CARERS - SKYE AND LOCHALSH COMMUNITY CARE FORUM (SLCCF) www.slyc.org.uk www.facebook.com/skyelochalshyoungcarers Email office.youngcarers@gmail.com Phone 01478 613617 Access to their services: by referral or self-referral	The SLCCF Young Carers service offers young carers a safe space to meet and talk, get a healthy snack, engage in life skill development challenges and have the chance to be creative and play games together. They offer day trips during school holidays with regular support groups, respite breaks, advocacy, training and one to one sessions. They also offer bereavement support as required. Skye and Lochalsh Community Care Forum is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number:SC027909.
HIGHLAND HOSPICE Ness House, 1 Bishops Road, Inverness IV3 5SB www.highlandhospice.org www.facebook.com/yourhighlandhospice Access to Services: Referral to our Inpatient Unit can be made by a Macmillan team member, GP or consultant. Email generalenquiries@highlandhospice.org.uk Phone: 01463 243132 See also CROCUS HIGHLAND and HIGHLAND HOSPICE CHARITY SHOP	Highland Hospice provide a range of care and support for people with life-limiting conditions. They offer 24/7 medical/nursing phone advice service to Healthcare Professionals caring for those with complex palliative care needs. Their inpatient unit provides specialist palliative care (short stays and end-of-life care). Their Community Team offers Rehabilitation and Wellbeing Service, Chaplaincy, Social Work, Helping Hands, Befriending & Sunflower Home Care. Highland Hospice is a Scottish Charity SC011227 regulated by the Scottish Charity Regulator (OSCR).
Children's Services	
CROCUS HIGHLAND Ness House, Highland Hospice, 1 Bishops Road, Inverness, IV3 5SB www.highlandhospice.org/what-we-do/community-services/bereavement-services/crocus Email crocushighland@highlandhospice.org.uk Phone 01463 714568 Access to their services: by referral (online or by phone/email)	Crocus Highland provides a free bereavement support service for children and young people living in the Highlands. This includes creative activities to enable the child to express their feelings and helping parents, carers and other supportive adults in the child's life to feel confident and equipped in helping their child manage their grief. They also provide consultancy and advice to schools and other groups in the Highland area and offer bespoke training. See also HIGHLAND HOSPICE Highland Hospice is a Scottish Charity SC011227 regulated by the Scottish Charity Regulator (OSCR).

INSPIRING YOUNG VOICES New Start Highland Offices, 9 Carsegate Road North, Inverness IV3 8DU www.inspiringyoungvoices.org www.facebook.com/InspYoungVoices Email- info@inspiringyoungvoices.org Phone 07789680812	Inspiring Young Voices promotes the active participation of children/young people with additional support needs in the development of policy and the evaluation of service provision. They work in partnership with others such as Thriving Families, Autism Initiatives and My-Self Management. Inspiring Young Voices is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number: SC049417
Counselling Services	
COUNSELLING CARE: SKYE & LOCHALSH www.counsellingcaresl.org Adult Services Email : sarah@counsellingcaresl.org Adult Services Phone: 07979 081 367 Children's Services Email dolina.munro@counsellingcaresl.org Children's Services Phone 07476 356131 Access to services: either by referral from your GP or self-referral via their online form or phone	Counselling Care Skye and Lochalsh offer a professional and confidential counselling service to adults, young people and children living in Skye and Lochalsh. Their services are free although donations are invited. They do not offer emergency service or crisis intervention. Their CYP counselling service is available to primary and secondary school aged 6 to 18 in private spaces within primary and secondary school settings. Counselling Care Skye and Lochalsh is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC033321
Dementia	
ALZHEIMER SCOTLAND – West Highland Tigh na Drochaid, Bridge Road, Portree, IV51 9ER www.alzscot.org Access to services:- Dementia Advisor services is automatic after 12 months post diagnosis but referrals to Dementia Advisor can also come from a carer or self-referral at any time (even Pre Diagnosis Stage). Dementia Advisor Lesley Hellon Email LHellon@Alzscot.org Phone 07825 975557 Post Diagnostic Link Worker Samir Sharif Email ssharif@alzscot.org Phone: 07442838258 Freephone Dementia Helpline 0808 808 or email 3000helpline@alzscot.org	Alzheimer Scotland West Highland covers Skye, Lochalsh, Wester Ross and Lochaber. The team includes a Post Diagnosis Link Worker, Dementia Advisor and an Activities Co-ordinator - all supporting people with dementia, their families, relatives and friends at any stage of the illness. The Post Diagnosis Link Worker provides tailored support for 1 year – this can include home visits, liaison with other agencies, signposting to community activities etc. Dementia Advisor services include: - advice & support, helping individuals find dementia specific support, connecting with local groups and services, organizing activities and events; raising awareness and early intervention and training. Working with the Activities Co-ordinator) they provide drop-in sessions/activity sessions, picnics etc. Alzheimer Scotland - Action On Dementia is a Scottish Charity SC022315 regulated by the Scottish Charity Regulator (OSCR).

Dyslexia	
DYSLEXIA SCOTLAND - SKYE & LOCHALSH BRANCH Email ds.skye.lochalsh@gmail.com Phone HELPLINE 0344 800 8484 confidential Helpline open Monday to Thursday from 10am to 4.30pm and on Friday from 10am to 4pm Email HELPLINE helpline@dyslexiascotland.org.uk	Dyslexia Scotland offers information and support via the website and helpline. There is a network of Dyslexia Scotland branches across Scotland run by volunteers raising awareness and understanding of dyslexia. If you have dyslexia, know anyone who is dyslexic or you have an interest in dyslexia, you are very welcome to email Dyslexia Scotland Skye and Lochalsh to find out about local events. Parent Charity Dyslexia Scotland is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC000951
Eating Disorders	
BEAT EATING DISORDERS www.beateatingdisorders.org.uk National HELPLINE 0808 801 0432 Email Scotlandhelp@beateatingdisorders.org.uk	The BEAT National Free Helpline is available by phone, email, webchat via social media and by letter. Offers support and information about eating disorders. BEAT (formerly Eating Disorders Association) is a Scottish Charity SC039309 regulated by the Scottish Charity Regulator (OSCR).
Family Support	
THRIVING FAMILIES The Pines, Drummond Road, Inverness IV2 4NZ www.thrivingfamilies.org.uk www.facebook.com/thrivingfamilies Email: info@thrivingfamilies.org.uk Phone: 01463 652005 Access to their services Thriving Families Family Support can be accessed via their <u>online</u> referral form, email or phone.	For families who are doing their best to support children with Additional Support Needs (ASN) Thriving Families offer a range of services, including one-to-one support, online support, peer support opportunities and access to relevant resources. Thriving Families is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number:SC024835.

HIGHLAND ACTION for LITTLE ONES (HALO) 50 Seafield Road, Inverness, IV1 1SG www.halohighlands.co.uk www.facebook.com/HighlandActionForLittleOnes Access to their services: By referral (from health, education and social work professionals) using our online referral form. Email: halohighlands@gmail.com Phone : 07754788980	Dedicated to supporting families in need in the Highlands of Scotland with the essential items that every child aged 0-18 years needs to thrive. Working closely with health professionals, educators, social services, and other support organisations Thriving Families offer tailored care packages with essential items including clothes, shoes, toiletries, nappies, baby formula, bedding, and even larger items like prams and cots. Each package is designed to meet the unique needs of children and families. Highland Action for Little Ones is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052275.
Learning Disability Support	
KYLEAKIN CONNECTIONS The Old School, Kyleakin, Isle of Skye IV41 8PH www.kyleakinconnections.co.uk Kyleakin Connections on Facebook Email info@kyleakinconnections.co.uk Phone 01599 534752	Kyleakin Connections supports independent living and life skills for adults with a learning disability. Day resource for activities including the Nice Café and Bookshop; educational opportunities; trips, residential breaks; Makaton; arts & crafts; gardening & outdoor activities and IT work. Sensory room. Kyleakin Connections also manage SDS Individual Service Funds (ISF) for individuals by providing 1:1 support. Kyleakin Connections is a Scottish charity SC001460 regulated by the Scottish Charity Register (OSCR).
LGBTQI+ See also EQUALITY & HUMAN RIGHTS	
LGBT HEALTH AND WELLBEING Duncan Place Community Hub, 4 Duncan Place, Edinburgh, EH6 8HW www.lgbthealth.org.uk/ www.facebook.com/lgbthealthy Email helpline@lgbthealth.org.uk Phone Free Helpline: 0800 464 7000 Tuesdays, Wednesdays, Thursdays (12-9pm) Sundays (1-6pm)	LGBT Health and Wellbeing is Scotland's health and wellbeing charity for LGBTQ+ adults and their loved ones, offering individual advice or support about personal issues relating to sexual orientation or gender identity. They provide a phone helpline (and Live chat via their website) offering emotional support and information to the entire diversity of the lesbian, gay, bisexual and transgender (LGBT) community across Scotland. This includes all identities under the LGBTQIA+ umbrella. The LGBT Healthy Living Centre (known as LGBT Health and Wellbeing) is registered as a charity in Scotland SC034216.

LGBT YOUTH SCOTLAND 30 (3/2) Bell Street, Glasgow, G1 1LG www.lgbtyouth.org.uk www.facebook.com/lgbtys Email info@lgbtyouth.org.uk Phone 0141 552 7425 Online group: www.lgbtyouth.org.uk/community_groups/outlanders	Scotland's national charity for LGBTQ+ young people, aged 13-25. LGBT Youth Scotland offer support to young people in all aspects of their lives enabling them to use their voice to create change in equality and human rights. For young people in remote, rural & Island communities they run an online group Outlanders. Their website also includes a webchat option with a youth worker. LGBT Youth Scotland is a Scottish Charity SC024047 regulated by the Scottish Charity Regulator (OSCR)
HIGHLAND PRIDE www.highlandpride.org www.facebook.com/PrideHighlands Email info@highlandpride.org Highland Pride is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC050189.	Based in Inverness, Highland Pride's aims are to advance the wellbeing of the LGBTQ+ community in the Highlands. Their services include signposting to relevant information, sharing the activity and work of other allied groups, and staging annual events such as <i>Highland Pride</i> in Inverness.
Long Covid see CHEST HEART AND STROKE SCOTLAND and MY-SELF MANAGEMENT	
Menopause	
MENOPAUSE SUPPORT GROUP MIKEYSLINE https://getinvolved.mikeyslines.co.uk/support-services/group <u>More information</u> Email lindabirnie@mikeyslines.co.uk	Supporting women in Highland and Islands, and Moray to help navigate symptoms of perimenopause, menopause and post menopause with peer support and self-care. Free online sessions (Zoom) Thursday evenings. See also MIKEYSLINE below
Mental Health Support	
MIKEYSLINE www.mikeyslines.co.uk 4 Strothers Lane, Inverness IV1 1LR www.facebook.com/Mikeyslines Email: enquiries@mikeyslines.co.uk TEXT for support 07786207755 www.oursupport.mikeyslines.co.uk/support-services/service-textline Mikeyslines is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish	Mikeyslines specialise in mental health, and suicide prevention offering individuals, living in Highland, the Islands and Moray, a chance to talk confidentially and anonymously via their text support line. They have staff based in Skye and Lochalsh offering face to face appointments in the area (book by emailing). Mikeyslines also operates a dedicated youth work service that includes working with schools and pupils on 1:1 support and via workshops. They also

Charity Regulator (OSCR), Scottish Charity number SC046574	have an outreach <i>Hive on the Road</i> mobile unit that travels around the area. Additionally, they offer online and face to face menopause sessions which are free of charge.
SKYE AND LOCHALSH MENTAL HEALTH ASSOCIATION Am Fasgadh, Wood Park, Portree, Isle of Skye IV51 9HQ www.slmha.co.uk www.facebook.com/AmFasgadh Email info@slmha.co.uk Phone 01478 613533 Access to their service: Self referral for Am Fasgadh or An Drochaid (Kyle of Lochalsh)	SLMHA offer emotional & practical support to individuals in Skye and Lochalsh who have long term mental health conditions. Their service is open 365 days a year and is part funded by NHS Highland. They organize workshops, classes and trips. Their drop-in centre Am Fasgadh provides a safe comfy space; free internet access; and a café facility serving hot meals every lunch time. Am Fasgadh also runs a charity furniture project. Skye & Lochalsh Mental Health Association is a Scottish charity SC021154 regulated by the Scottish Charity Regulator (OSCR).
VIEWFIELD GARDEN COLLECTIVE Portree, Isle of Skye IV51 9EU www.viewfieldgardencollective.org www.facebook.com/viewfieldgardencollective Email: admin@viewfieldgardencollective.org	Viewfield Garden Collective offer a therapeutic garden space, supporting adults living with mental health difficulties. They run activities, community events and workshops. Viewfield Garden Collective is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC038323
CENTRED (SCOTLAND) – DISCOVERY COLLEGE Eastgate Centre Inverness Email hello@centred.scot Phone 01463 236507 The Discovery Centre is open Tuesday, Wednesday, Thursday and Friday 10:00am – 4:00pm	The Discovery College in the Eastgate Centre in Inverness is a drop in facility to support people with mental health, wellbeing, substance abuse and addiction. They offer regular, free therapy sessions and activities. Previously known as Birchwood Highland, Centred (Scotland) is a Scottish Charity SC003198 regulated by the Scottish Charity Regulator (OSCR).
COMMUNITY LINK WORKERS - CHANGE MENTAL HEALTH Community Link Worker (South Skye/Lochalsh) Anne MacKay Email Anne.MacKay@changemh.org Phone 07823401250 Community Link Worker (North Skye-Dunvegan, Portree and Carbost) Email dafne.lopez-mora@changemh.org Phone 0131 562 0207	Locally based Community Link Workers provide a social prescribing service offering person-centred support for individuals dealing with multiple and complex social challenges, including mental health issues, social isolation, and loneliness. Access to Services By referral from GP practices. Change Mental Health is a Scottish Charity SC013649 regulated by the Scottish Charity Regulator (OSCR).

Mental Wellbeing Support	
RAGTAG AND TEXTILE Unit 3, Broadford Industrial Estate, Broadford, Isle of Skye IV49 9AP www.ragtagskye.org www.facebook.com/RTnTinthehighlands Access to services:- by referral or self-referral Email: hello@ragtagskye.org Phone 01471 822043 See also RAG TAG & TEXTILE CHARITY SHOP Rag Tag and Textile is a Scottish Charity SC037619 regulated by the Scottish Charity Regulator (OSCR).	RagTag and Textile works as a social enterprise dedicated to promoting mental and social well-being through support, training, and creative up-cycling projects. People come to Rag Tag as part of their journey to wellbeing and it offers them a calm supportive environment for mindful craftwork and learning new skills. Regular small workshops are held Tuesdays, Wednesdays and Fridays. They also have tutor-led workshops open to all as an opportunity socialise and learn new crafting skills on Monday and Thursdays. Rag Tag also run a charity shop, selling up-cycled crafts made from donated materials.
Men's Support Services	
SOUTH SKYE MEN'S SHED South Skye Men's Shed facebook page Email: southskymensshed@gmail.com South Skye Men's Shed is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC054285.	South Skye Men's Shed meet once a week in their kitted-out workshop – offering a place to pursue practical activities at leisure, making and mending. A great place to make social connections, build friendships, share skills and knowledge. It's free to join and they are always open to new ideas. <i>And despite the name, women are welcome too.</i>
Older People see also THE BUDHMOR FUND (Skye Older People's Welfare) see also listings under LATER LIFE HOUSING section	
AGE SCOTLAND Causewayside House, 160 Causewayside, Edinburgh, EH9 1PR www.agescotland.org.uk contact Jo Cowan National Community Development Officer Email jo.cowan@agescotland.org.uk Mobile: 07754 755011 HELPLINE: 0800 1244222 Main Switchboard: 0333 323 2400 Age Scotland is a Scottish Charity SC010100 regulated by the Scottish Charity Regulator (OSCR)	Age Scotland is the Scottish charity for older people, working to improve the lives of people aged 50+. Their 0800 12 44 222 helpline is a free, confidential phone service for older people, their carers and families looking for expert information, advice and friendship. They provide free printed and digital copies of short, digestible leaflets, and offer community workshops on a wide range of topics. The charity supports older people's groups, promotes age and dementia-friendly communities, delivers wellbeing programmes, and campaigns on behalf of older people.

HANDYPERSON SERVICE / CARE & REPAIR Run in partnership between Lochalsh & Skye Housing Association, NHS Highland and The Highland Council Handyperson Services and Care & Repair are both managed by Lochalsh & Skye Housing Association Phone 01478 612035 - press option 6 Email info@lsha.co.uk Access to service: referrals/self-referrals	Skye and Lochalsh Handyperson Service is available for people aged 65+ who have difficulties with carrying out small jobs around the house, and for people of any age with a disability. The service offers practical assistance with small jobs such as changing light bulbs and tap washers; moving furniture within the house; putting up shelves; taking down/putting up curtains; unblocking sinks and baths or fitting grab rails and handrails. The service also provides advice on arranging tradesmen for larger repairs, and we can refer clients to Care & Repair for assistance with eligible larger repairs and adaptations. The Care & Repair service helps people over 65 and people with disabilities, who live in privately owned or rented housing to improve their homes. They offer free advice and information on repairs, improvements or adaptations to your home. This may include help with organising surveys; getting quotes for work; help with applying for improvement and repair grants; organising the works etc.
Day Care Centres	
AIRD FERRY RESOURCE CENTRE 12 Aitemore Rd, Dornie, By Kyle of Lochalsh IV40 8FD Phone 01599 555313 NHS day care service for Older Adults in Lochalsh and South Skye.	TIGH NA DROCHAID Bayfield Portree Isle of Skye IV51 9ER Phone 01478 613113 NHS Day Care centre for older adults in North Skye

Lunch Clubs / Community Lunches –Skye

COMMUNITY MONDAYS

Dunvegan Christian Fellowship Community Café
Dunvegan [Facebook page](#)

Email dunvegancommunitycafe@gmail.com
Mondays during the summer period are Community Mondays – open exclusively for Skye residents of all ages. All food is available for donation to local charities.

DUNVEGAN & DISTRICT SENIOR CITIZENS LUNCH CLUB

Dunvegan Lunch club meets every other Monday in The Old School Restaurant, Dunvegan. Two course lunch at subsidised cost.

Contact Lorna MacKenzie

Email lornamackenzie@yahoo.co.uk

EDINBANE

see Dunvegan and District Lunch Club

GLENDALE OVER 60s LUNCH CLUB

Glendale Community Hall

Meets fortnightly on a Monday at 12:30 in Glendale Community Hall. 2 course meal plus tea/coffee £6

Phone 07706 675861

Email david.atherton7@btinternet.com

MINGINISH COMMUNITY CAFÉ

The Community Café runs October to April on a Thursday afternoon 2- 3.30pm at Minginish Community Hall – open to all ages. Come along for a cuppa and biscuits or cake and time to chat with new and old friends. £1 per person.

Contact Fiona Towers 01478 640466

PORTREE BREAD BASKET

St Columba's Church Somerled Square Portree
Wednesdays 11am – 2pm

Community/charity lunch for all to enjoy friendship, company and a cooked lunch. Donations welcome but not essential, all welcome to enjoy a decent meal.

Email stcolumbas.portree@btinternet.com

STAFFIN LUNCH CLUB

Meets first Wednesday of the month at Columba
1400 1pm 3 course meal tea/coffee

Contact Janet 01470 562374 / 07930614452

WATERNISH – THURSDAY COFFEE & CAKE

10.30-11.30 Free of charge. Every Thursday.

Waternish Free Church Building

Email info@waternishfarm.co.uk

Lunch Clubs/ Community Lunches - Lochalsh

AIRD FERRY NHS day care service for Older Adults in Lochalsh and South Skye Phone 01599 555313

LOCH DUICH LUNCH CLUB

For residents in Loch Duich, Inverinate and Letterfearn. Intergenerational lunch club - Meets Wednesdays from 12.30pm-3pm at Inverinate and Loch Duich Community Centre.

Contact Agnes Stoddart

Phone 01599 511287

Loch Duich Lunch Club is a Scottish Charity SC042320 regulated by the Scottish Charity Regulator (OSCR).

COSY CORNER CAFÉ The Square, Balmacara, By Kyle of Lochalsh IV40 8DJ

Pensioners lunch Thursdays 12-2 £6.00

Booking Advisable- Phone 01599 566700

PLOCKTON COMMUNITY LUNCH

Community Lunch alternate Thursdays at Plockton Hotel 41

Harbour Street Plockton **Phone** 01599 544 274

Other Health/Long Term Conditions	
MYSELF- MANAGEMENT Thorfin House, Bridgend Business Park, Dingwall IV15 9SL www.myself-management.org/skye-lochalsh www.facebook.com/MySelfManage Email info@myself-management.org Phone 07834 753766 MySelf-Management is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC050558.	MySelf-Management promotes and supports the vision of self-management of health for those living with long-term conditions (including diabetes, chronic pain, asthma, arthritis, depression, heart failure and multiple sclerosis. Free Membership enables individuals living with long-term conditions, long COVID or persistent pain to access their in-person and online Living Better groups. Seated mobility sessions at Kyle Village Hall Wednesdays 10.30am - 11.30am (excluding July-Aug). Also monthly "Living Better" Groups at Kyle/Broadford venues alternatively.
Parkinson's Support	
PARKINSON'S UK SCOTLAND – Skye and Lochalsh Parkinson's Support Group Parkinson's UK Scotland, Mailbox 14, King James VI Business Centre, Friarton Road, Perth PH2 8DY www.parkinsons.org.uk www.facebook.com/parkinsonsukinscotland Email hello@parkinsons.org.uk. Phone 0808 800 0303 providing support to anyone affected by Parkinson's. They can also put you in touch with a Parkinson's adviser if you need more local or in-depth support.	The SKYE AND LOCHALSH PARKINSON'S SUPPORT GROUP meets every 2 months on the 4th Friday, at 2pm in An Acarsaid Care home, Broadford, Skye. Their meetings include a friendly, informal chat over a hot drink and a cake, and offer support and information to anyone affected by Parkinson's. Feel free to drop in or get in touch first. Email ahall@parkinsons.org.uk Phone 0344 225 3725 Parkinson's UK is the operating name of the Parkinson's Disease Society of the United Kingdom. A registered charity in England and Wales (258197) and a Scottish charity SC001460 regulated by the Scottish Charity Register (OSCR).
Physical Disabilities	
THE WAY FORWARD GROUP Access to their services: - membership is open to anyone aged 18-70 living in Skye. There is a small membership fee. Contact: Christine Park Phone 07708219752 Email cc.park@hotmail.co.uk	The Way Forward is a peer support group for physically disabled or chronically ill men or women aged 18 to 70 living in Skye. They meet every fortnight in Portree with members bringing their own packed lunch. Meetings include a brief business chat, activity or speaker – followed by tea and cake. There is a small charge. Meetings run from 12.30 till about 3pm. The group also use on line chat The aim of the group is to have fun and help and support one another.

Stroke Support	
CHEST HEART AND STROKE SCOTLAND 2nd Floor, Hobart House, 80 Hanover Street, Edinburgh, EH2 1EL www.chss.org.uk Email CHSS Advice Line adviceline@chss.org.uk Phone CHSS Advice Line 0808 801 0899 Access to their service: - by self-referral or by referral from health care professionals. In the Highlands they work with Stroke Nurses at Raigmore who manage the transition from hospital to home.	CHSS is there for people who have had a stroke, have chest or heart conditions or who are suffering with Long Covid. They offer a free Advice line with health professionals on hand to give clinical as well as practical help and information. Chest Heart & Stroke Scotland is a Scottish Charity SC018761 regulated by the Scottish Charity Regulator (OSCR).
SKYE STROKE FRIENDS www.facebook.com/isleofskystrokefriends Email skystrokefriends@gmail.com or: marjory.jagger@nhs.scot Access to services: referral / self-referral Skye Stroke Friends is a Scottish Charity SC047765 regulated by the Scottish Charity Regulator (OSCR)	Skye Stroke Friends run weekly, peer group meetings in Skeabost Memorial Hall. They deliver rehabilitation activities, providing motivational and practical support to people with lived experience of a stroke. The group aims to improve physical and mental well-being by supporting members to become more socially and physically active. Meetings 1pm till 3pm every Wednesday Skeabost Memorial Hall (accessible venue). A friendly get together with refreshments, roundup of relevant discussions, cognitive recovery activities, games and often a guest speaker.
Veterans	
ISLE OF SKYE ARMED FORCES & VETERANS BREAKFAST CLUB www.afvbc.com/club/isle-of-skye-armed-forces-veterans-breakfast-club Facebook Group	The Veterans Breakfast Club provides an opportunity for retired veterans or serving members of the armed forces to get together for support and camaraderie. Meet 9am first Sat of each month at The Red Brick Café Jans Portree.
ROYAL BRITISH LEGION SCOTLAND (RBL) LOCHALSH BRANCH www.legionscotland.org.uk/lochals-h-branch The Lochalsh branch has an active Facebook Group page. They run regular bingo sessions at the Cosy Corner Café Balmacara Square. Royal British Legion Scotland Lochalsh Branch is a Scottish Charity SC030740 regulated by the Scottish Charity Regulator (OSCR).	The Royal British Legion (RBL) provides a community, friendship and practical advice for ex-service men and women and their dependants - whether they left military service yesterday or 50 plus years ago. Membership of the RBL is also open to the those still serving and all those who support the aims and objectives of the organisation. Legion Scotland has over 140 Branches and 60 associated Clubs across the whole of Scotland. Each regional Branch of the Royal British Legion (RBL) is run by a volunteer committee dedicated to providing service and support to the Armed Forces Community.

Visual Impairment / Blindness	
HIGHLAND BLINDCRAFT SENSORY SERVICES 39 Ardconnel Street, Inverness IV2 3HB www.highlandblindcraft.co.uk/sensory-services Access to services: - available to anyone with a visual impairment – either by referral or self-referral. Email admin@highlandsensory.org.uk Phone 01463 210558	Highland BlindCraft Sensory Services are a registered charity supporting visually impaired people throughout Highland and the Western Isles. Their trained workers assess, support, offer information and training to severely sight impaired and sight impaired people of all ages, helping them to live as independently and as safely as possible. Highland Blindcraft is a Scottish Charity SC030764 regulated by the Scottish Charity Regulator (OSCR).
THE MACULAR DISEASE SOCIETY - SKYE & LOCHALSH SUPPORT GROUP Email: help@macularsociety.org Phone: Helpline 0300 3030 111 open 9am - 5pm Monday to Friday To learn more about the support group calls contact the groups admin team Phone 01264 560 259 The Macular Society is a Scottish Charity SC042015 regulated by the Scottish Charity Regulator (OSCR).	The Macular Society provides free information and support to those with macular disease, along with their family and friends. The Support Group for Skye and Lochalsh operates by telephone offering useful information, important updates and (most importantly) friendly voices. The Macular Society also runs online condition-specific groups to offer peer support and information on a wide range of conditions such as Diabetic macular oedema and Myopic macular degeneration. These groups meet online via Zoom once a month.
Women's Support	
ROSS-SHIRE WOMEN'S AID The Square, George Street, Dingwall, Ross-Shire IV5 9SA www.rosswa.co.uk Phone 01349 863 568 Email info@rosswa.co.uk Ross-shire Women's Aid is a Scottish Charity SC008514 regulated by the Scottish Charity Regulator (OSCR).	We provide a non-judgemental, empowering and supportive service to women, children and young people, offering free and confidential information, support and temporary accommodation to women, children and young people with experience of domestic abuse. If you are in immediate danger and need the help phone 999 police.

NATIONAL HELPLINES

If you are in distress or contemplating self-harm or suicide, it may help to talk with someone. For emergencies dial 999 for ambulance or police services. Contact your GP or call NHS24 on 111 (out of hours).

BREATHING SPACE SCOTLAND

Phone 0800 83 85 87 www.breathingspace.scot

A free confidential phoneline for adults in Scotland (16 years+) feeling low, anxious or depressed. Advisors are available in the evenings (6pm – 2am) and at the weekends (24 hours).

MEN'S ADVICE LINE

www.mensadvice.org.uk

Phone 0808 8010327 Monday–Friday 10am-5pm

Webchat support 9-10am Monday-Friday

The Men's Advice Line is a confidential helpline for male victims of domestic abuse and those supporting them.

NO PANIC **Phone** 0844 967 48 48 10am-10pm 365 days a year. Helpline for anyone who suffers from anxiety disorders including panic attacks, phobias and OCD (obsessive compulsive disorders).

SAMARITANS **Phone** 116 123 Free confidential phone line. Available 24 hours a day.

SCOTTISH WOMEN'S AID

Phone 800 027 1234 **Text** 07401 288 595

Email helpline@sdaafmh.org.uk

Scotland's 24-hour Helpline for women experiencing domestic abuse and forced marriage.

THE SILVER LINE

Phone 0800 4 70 80 90 The Silver Line Helpline run by Age UK is a free, confidential telephone service for older people. We provide friendship, conversation and support 24 hours a day, 7 days a week.

WELFARE SUPPORT

Advice & Information Services

SKYE & LOCHALSH CITIZENS ADVICE

BUREAU The Green, Portree, Isle of Skye IV51 9BT

www.slcab.org.uk

www.facebook.com/SLCAB

Contact Morag Hannah (Manager)

Email (General) office@slcab.org.uk

Email (Advice) adviser@slcab.org.uk

Phone: 01478 612032

Skye and Lochalsh CAB offer free support and advice on a wide range of topics. Specialist advisers can give expert advice on defined contribution pension options; Welfare Rights including tribunal representation to individuals looking to challenge benefit decisions; debt and money problems; Patient Advice & Support Service (PASS) Energy Best Deal.

Skye & Lochalsh Citizens Advice Bureau is a Scottish Charity SC022578 regulated by the Scottish Charity Regulator (OSCR)

COMMUNITY CONTACTS

www.carrgomm.org/community-contacts

<https://www.facebook.com/CarrGomm>

Email: communitycontactdhgl@carrgomm.org

Email suegrant@carrgom.org

Phone: 07990 805391 or 01546 886285

Community Contacts help individuals navigate social care through Self-Directed Support (SDS). They provide practical, impartial advice to support individuals and families in making informed choices and taking control of their care. They work with people of all ages, including carers, across all Highland communities.

Carr Gomm is a Scottish charity SC033491 regulated by the Scottish Charity Regulator (OSCR).

ENERGY ADVICE SERVICE (LSHA/ ALI ENERGY)

Email enquiries@alienergy.org.uk

Email energyadvice@lsha.co.uk

Phone 01631 565183

ALI Energy ((Argyll Lomond and The Islands Energy Agency) works to promote sustainable energy use and renewable energy generation to address fuel poverty and reduce carbon emissions. They work in partnership with Lochalsh & Skye Housing Association (LSHA) offers assistance to LSHA tenants as well as the wider community.

ALI Energy's Affordable Warmth Team provides advice and support to people experiencing fuel poverty through a combination of home visits and telephone advice sessions. They also provide training and information to people who support others in the community including health and social care professionals, carer groups, community groups and volunteers.

Argyll Lomond and The Islands Energy Agency is a Scottish Charity SC032495 regulated by the Scottish Charity Regulator (OSCR).

Advocacy Support	
ADVOCACY HIGHLAND First Floor Offices, Inverness Ice Centre, Bught Inverness IV3 5SR www.advocacy-highland.org.uk/ www.facebook.com/advocacy.highland Access to service: referrals and self-referrals Email info@advocacy-highland.org.uk Phone 01463 233460	Advocacy Highland provide a free confidential independent advocacy for adults (16 years+) in the Highland Council area who have: mental ill health; dementia; learning disabilities; autistic spectrum disorder. Their services are available to people with issues relating to their care and treatment under the terms of the Mental Health Act.. Advocacy Highland is a Scottish Charity SC035363 regulated by the Scottish Charity Regulator (OSCR).
Childcare / Nurseries	
FÀS MÒR Sabhal Mor Ostaig, Teangue, Sleat, Isle Of Skye IV44 8RQ www.fasmor.co.uk Email fasmor.smo@uhi.ac.uk Phone 07500577508 Fàs Mòr is a Scottish charity SC036011 regulated by the Scottish Charity Regulator (OSCR).	Fàs Mòr is a Gaelic-medium childcare facility situated at Bun Sgoil Shlèite in Sleat on the Isle of Skye. They provide a safe, comfortable and stimulating environment for children aged 0-12 years. Open to all children, parents and carers. Flexible, affordable childcare - after school club during term-time as well as holiday club during school holidays Fàs Mòr is registered with the SCSWIS, the registration and inspection body for children and young people's services in Scotland, registration number SC2003052372.
PORTREE NURSERY, PRE SCHOOL AND OUT OF SCHOOL CARE Nursery - Camanachd Square, Portree, Isle of Skye IV51 9BW Portree Nursery On Facebook Pre School and Out of School Care - Portree Primary School, Blaven Road, Portree Isle of Skye IV51 9PH Email portree.nursery@outlook.com Phone – Portree Nursery 01478 612127 Phone – Portree Primary 01478 611012	Registered to care for children from 4 months old through to primary school aged children, Portree Nursery's Childcare service operates across two premises- Portree Nursery and Portree Primary School. They offer child led and adult supported play to support the holistic development and wellbeing of babies, toddlers, preschoolers, and primary-aged children in a safe, nurturing, and engaging environment. Portree Nursery Ltd is a Scottish Charity SC021324 regulated by the Scottish Charity Regulator (OSCR).
Equality & Human Rights	
See also listings under LGBTIQI+	
THE EQUALITY NETWORK 30 Bernard Street, Edinburgh EH6 6PR www.equality-network.org www.facebook.com/EqualityNetwork Email en@equality-network.org Phone 0131 467 6039 The Equality Network is a Scottish Charity SC037852 regulated by the Scottish Charity Regulator (OSCR).	The Equality Network works for lesbian, gay, bisexual, transgender and intersex (LGBTI) equality and human rights in Scotland. They provide advice and information for organisations (including public sector, private sector and Third Sector; for LGBTI organisations and people seeking to establish LGBTI organisations). They offer online training (for public service providers and employers in Scotland), to help mainstream LGBTI+ equality, rights and inclusion.

SCOTTISH HUMAN RIGHTS COMMISSION Bridgeside House, 99 McDonald Road, Edinburgh EH7 4NS www.scottishhumanrights.com www.facebook.com/scothumanrights Email hello@scottishhumanrights.com Phone 0131 297 5750	The Scottish Human Rights Commission is an independent public body, accountable to the people of Scotland through the Scottish Parliament. They focus on awareness raising and policy work, promoting an understanding and respect for all human rights to everyone, everywhere in Scotland, and to encourage best practice in relation to human rights. They do not handle complaints or provide a help service to individuals.
Financial Support/Material Assistance - for individuals See also listings under COMMUNITY BENEFIT FUNDING	
THE AGNES MACLEOD MEMORIAL FUND Nurses Cottage, Hallin, Waternish, Isle of Skye IV55 8GJ www.agnesmacleod.org Phone 01470 592 722 Email info@agnesmacleod.org	Financial assistance for women resident in Scotland of advanced age who were either born Macleod or whose mothers were born Macleod and who, by reason of sickness or limited means, are suffering hardship. The Agnes MacLeod Memorial Fund is a Scottish Charity, SC014297, regulated by the Scottish Charity Regulator (OSCR).
SKYE AND LOCHALSH PARENT CARERS SUPPORT GROUP Email richell@btinternet.com	The Parent Carers Support Group have a small amount of funding available to support children with special needs to take part in activities during the school holidays
See also HIGHLAND ACTION FOR LITTLE ONES (HALO)	
Food Banks/Food Shares and Community Fridges	
THE COMMUNITY FOODBANK - SKYE AND LOCHALSH Portree Parish Church Hall, Portree, Isle of Skye www.skyefoodbank.co.uk www.facebook.com/SkyeFoodBank Email: info@skyefoodbank.co.uk Access to services: Food can be accessed through the Citizens Advice Bureau (CAB), The Green, Portree and the CAB outreach service in Kyle.	Run entirely by volunteers, the Community Foodbank relies on donations from the local community to fund the purchase of food and goods for distribution to those in need, including those on low (or no) incomes, people with mental and physical health issues, young carers and people with disabilities. They work in partnership with several local organisations to make sure the food & goods reaches those most in need. The Community Foodbank Skye and Lochalsh is a Scottish Charity SC049223 regulated by the Scottish Charity Regulator (OSCR)

DUNVEGAN COMMUNITY FRIDGE / FOOD BANK Dunvegan Christian Fellowship Community Café, Lochside, Dunvegan Isle of Skye IV55 8WB Email dunvegancommunitycafe@gmail.com Phone 07961037534	After closing the cafe add unsold cakes and rolls to the community fridge. Outside of the Community Cafe is the Food Bank cabinet. The cabinet is for anyone to take what they need. Donations to the Skye and & Lochalsh Community Foodbank can be made inside the cafe.
COMMUNITY FRIDGE at LOCHALSH REUSE & RECYCLE HUB Car Park, 4 Station Road, Kyle, IV40 8AE (next door to Kyle public toilets) www.facebook.com/RandRHub see also LOCHALSH REUSE & RECYCLE HUB	The community fridge and freezer section of the Lochalsh Reuse and Recycle Shop shares surplus food to reduce the amount going to landfill. Any food in the fridge/freezer/shelves is completely free to take. Open Tue - Sat 9am - 4pm (closed Sun/ Mon)
MINGINISH BLESSINGS BOX – run informally by members of the community in Portnalong and Carbost. Food and other items for anyone who needs it. Situated on the hill above Carbost heading towards Fernilea.	SLEAT FOOD SHED Ardvasar Hall Sleat www.facebook.com/p/Sleat-Food-Shed-100067862475287
TROTTERNISH KINDNESS CONTAINER Facebook page Email staffinhelpers@gmail.com	
Later Life Housing / Sheltered Housing	
TRUST HOUSING ASSOCIATION www.trustha.org.uk Phone 0131 444 1200 Trust Housing a not-for-profit registered social landlord, regulated by the Scottish Housing Regulator, Care Inspectorate and Scottish Charities Regulator (OSCR) Scottish Charity number SCOSC00908.	SHULISHADER BEAG in Portree (5 studio flats, 1 one-bedroom flat, 11 studio bungalows, 7 one-bedroom bungalows & 1 three-bedroom house). Facebook page Phone 01478 612933 DRUIM NA PAIRC in Portree (14 one-bedroom flats) Amenity housing for people aged 60 + In some cases, younger people with a specific demonstrated need for amenity housing may be considered. Personal care and support is not provided by Trust Housing Association.

Social Housing/Homelessness Support

Applications for social housing in Highland are made via *The Highland Housing Register* jointly managed by The Highland Council, LSHA and 4 other social landlords based in Highland.

To apply – You can complete a **Highland Housing Register application form** via The Highland Council's website or collect one/have one posted out from at Lochalsh and Skye Housing Association (LSHA) office in Portree or one of The Highland Council Service Points. Once your application is registered, the information you have provided about your housing need is held on The Highland Housing Register and is used to assess housing priority for any social rented housing that becomes available. Allocations are only made when suitable vacancies occur, and each landlord allocates their own properties.

If you are homeless, at risk of becoming homeless, or would like some advice on the security of your home, contact **The Highland Council's Homeless Prevention Team** **Phone** 01349 886602

LOCHALSH & SKYE HOUSING

ASSOCIATION Buidheann Tigheadas Loch Aillse Agus An Eilein Sgitheanaich Morrison House, Bayfield, Portree, Isle of Skye IV51 9EW www.lsha.co.uk

Phone: 01478 612035

Email: General Enquiries info@LSHA.co.uk

Email Housing enquiries: Housing@LSHA.co.uk

Email Tenant Support : Advice@LSHA.co.uk

See also - HANDYPERSON SERVICE / CARE AND REPAIR SERVICE

LSHA are a Registered Social Landlord developing, managing and maintaining affordable social housing for rent across Skye and Lochalsh. They provide a comprehensive free support and advice service for their tenants – including help with personal budgeting, accessing benefits, signposting and referrals to free advice agencies.

Buidheann Tigheadas Loch Aillse Agus An Eilein Sgitheanaich is a Scottish Charity SC038019 regulated by the Scottish Charity Regulator (OSCR)

THE HIGHLAND COUNCIL HOUSING SERVICES Housing and Property Services, Tigh-na-Sgìre Park Lane, Portree, IV51 9EP

www.highland.gov.uk/info/917/housing

Email housing.skye@highland.gov.uk

Phone 01349 886602

The Highland Council Housing Options team offer information & advice about housing in the local area including how to pay for it; affordable renting and buying; adapting your home etc. They can also signpost to specialist support to help with any challenges

COMMUNITIES HOUSING TRUST

www.chtrust.co.uk

Email info@chtrust.co.uk

Phone 01463 233549

Communities Housing Trust is a Scottish Charity SC027544 regulated by the Scottish Charity Regulator (OSCR).

The Communities Housing Trust focuses on building sustainable rural communities across central and northern Scotland. They are working in partnership on a wide range of community-led housing initiatives including projects in Staffin, Glendale and Portree.

See also listings under **DEVELOPMENT TRUSTS**

Many of the Development Trusts in Skye and Lochalsh are now managing and developing small affordable housing projects - including those in the Glenelg; Raasay; Minginish and Glendale communities.

COMMUNITY SERVICES AND DEVELOPMENT

Community Councils

The Highland Council website has a dedicated information section for Community Councils General Enquiries and Support **Email** ccsupportWestandMid@highland.gov.uk

Isle of Skye and Raasay Ward 10 Eilean a' Cheò

BROADFORD & STRATH COMMUNITY COUNCIL

Email

broadfordandstrathcomcouncil@googlemail.com

www.facebook.com/broadfordandstrathcommunitycouncil

DUNVEGAN & DISTRICT COMMUNITY COUNCIL

www.facebook.com/Dunvegan-Community-Council

Email DandDCC@hotmail.com

GLENDALE COMMUNITY COUNCIL

currently dissolved

KILMUIR COMMUNITY COUNCIL

[Facebook page](#)

Email kilmuirskye@gmail.com

KYLEAKIN AND KYLERHEA COMMUNITY COUNCIL

www.facebook.com/p/Kyleakin-Kylerhea-Community-Council

MINGINISH COMMUNITY COUNCIL

Email

minginishcommunitycouncil@gmail.com

PORTREE & DISTRICT COMMUNITY COUNCIL

[Facebook page](#)

Email pbcommunitycouncil@gmail.com

RAASAY COMMUNITY COUNCIL

Email

ccsupportWestandMid@highland.gov.uk
mark email subject clearly for the attention of
RAASAY COMMUNITY COUNCIL

SCONSER COMMUNITY COUNCIL

Email sconsercommunitycouncil@gmail.com

SKEABOST AND DISTRICT COMMUNITY COUNCIL

www.facebook.com/SkeabostCC

Email skeabostcc@gmail.com

SLEAT COMMUNITY COUNCIL

www.sleatcommunitycouncil.org.uk/

www.facebook.com/sleatcommunitycouncil

Email info@sleatcommunitycouncil.org.uk

STAFFIN COMMUNITY COUNCIL

[Facebook Page](#)

Email

ccsupportWestandMid@highland.gov.uk mark
email subject clearly for the attention of
STAFFIN COMMUNITY COUNCIL

STRUAN COMMUNITY COUNCIL

www.struancommunity.co.uk/struan-community-council

[Facebook page](#)

Email scc@struancommunity.co.uk

WATERNISH COMMUNITY COUNCIL

Email

waternishcommunitycouncil@gmail.com

UIG COMMUNITY COUNCIL Email uigcommunitycouncilskye@gmail.com	
Lochalsh Ward 5 Wester Ross, Strathpeffer and Lochalsh	
DORNIE & DISTRICT COMMUNITY COUNCIL www.dornie.org.uk www.facebook.com/dornieanddistrictcc Email dorniecommunitycouncil@gmail.com	GLENELG AND ARNISDALE COMMUNITY COUNCIL Facebook Group Email glenelgandarnisdalecc@hotmail.com
KYLE COMMUNITY COUNCIL Facebook page Email ccsupportWestandMid@highland.gov.uk mark email subject clearly for the attention of KYLE COMMUNITY COUNCIL	LOCH DUICH AND INVERINATE COMMUNITY COUNCIL Email lochduichcommunitycouncil@gmail.com
LOCHALSH COMMUNITY COUNCIL Email secretary@lochalsh.org.uk	PLOCKTON COMMUNITY COUNCIL Email cc@plockton.org
STROME FERRY AND ACHMORE COMMUNITY COUNCIL Email achmorestromecc@gmail.com www.stromeferry-and-achmore.co.uk/stromeferry-and-achmore-community-council www.facebook.com/StromeferryAchmoreCommunityCouncil	
Community Development/Capacity Building	
SKYE & LOCHALSH COUNCIL FOR VOLUNTARY ORGANISATIONS (SLCVO) Tigh Lisigarry, Bridge Road, Portree, Isle of Skye IV51 9ER www.slcvo.org.uk www.facebook.com/SLCVO Email info@slcvo.org.uk Phone 01478 612921 See also HIGHLAND THIRD SECTOR INTERFACE below	SLCVO supports and enables community development in the local area, delivering Highland Third Sector Interface (HTSI) core support services to local volunteer-led community groups, services and initiatives. SLCVO runs the Befrienders Skye and Lochalsh service and through its membership represents the local Third sector at a strategic level in the Community Planning landscape. Skye and Lochalsh Council for Voluntary Organisations is a Scottish Charity SC013885 regulated by the Scottish Charity Regulator (OSCR).
HIGHLAND THIRD SECTOR INTERFACE Thorfin House, Bridgend Business Park , Dingwall IV15 9SL www.highlandtsi.org.uk Email enquiry@highlandtsi.org.uk Phone 01349 864289 See also SKYE AND LOCHALSH COUNCIL FOR VOLUNTARY ORGANISATIONS above	Across Scotland Third Sector Interface provide a single point of access for support and guidance for the Third Sector within their local authority area. HTSI services support and encourage the work of community groups, clubs, charities and other Third Sector Organisations throughout Highland. They also support volunteers and run the Volunteer Academy. SLCVO is an independent local service delivery partner for HTSI in Skye and Lochalsh. HTSI is a Scottish Charity SC043521 regulated by the Scottish Charity Regulator (OSCR)

DEVELOPMENT TRUSTS ASSOCIATION SCOTLAND (DTAS) 1B Washington Lane Edinburgh EH11 2HA www.dtascot.org.uk Phone 0131 220 2456 Email info@dtascot.org.uk COSS Advisor Highlands, Moray, Eilean Siar, Orkney Islands, Shetland Islands Phone 01445 741129 / 07717 783230 Email onie@dtascot.org.uk See also DEVELOPMENT TRUSTS	Development Trusts Association Scotland is a member-led organisation that promotes, supports and represents development trusts across Scotland. They work to support their members with advice, resources and events. Their Community Ownership Support Services (COSS) supports communities in the sustainable transfer of assets into community ownership, including registering for Community Right to Buy and asset transfer/acquisition. You do not need to be a member of DTAS to access the Community Ownership Support Service. DTA Scotland is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number. SC034231.
OUTDOOR ACCESS TRUST FOR SCOTLAND (OATS) 1-2 Fountain Mews, Bridge of Allan, Stirlingshire FK9 4EN www.outdooraccesstrustforscotland.org.uk Outdoor Access Trust for Scotland (OATS) is a Scottish Charity SC028028 regulated by the Scottish Charity Regulator (OSCR)	OATS help communities with feasibility studies, path plans, construction, and path management. In Skye they work with Skye Connect, Staffin Trust and Minginish Community Hall Association, Highland Council, and the Scottish Government Rural Payments and Inspections Directorate (the principal landowner), to form The Skye Iconic Sites Partnership- addressing tourist infrastructure and interpretation at three of Skye's busiest destinations (the Old Man of Storr, the Quiraing and the Fairy Pools).
SCOTTISH CROFTING FEDERATION Unit 26 Kyle Industrial Estate, Kyle of Lochalsh IV40 8AX www.crofting.org www.facebook.com/ScottishCroftingFederation Email hq@crofting.org Phone 01599 530005	The Scottish Crofting Federation (SCF) is dedicated to campaigning for crofters and fighting for the future of crofting. SCF is a Scottish Charity SC031919 regulated by the Scottish Charity Regulator (OSCR)

Community Radio	
RADIO SKYE Studio, Stormyhill Road, PORTREE, Scotland, Isle of Skye IV51 9DT www.radioskye.com www.facebook.com/radioskye Contact Suzy Lee (Station Manager) Email: suzy@radioskye.com Phone: 01478 611796	Award winning local radio station Radio Skye serves Skye and Lochalsh via 102.7, 106.2 and 107.2 and to an online audience via a web stream through all the major radio apps. It operates 24/7 with local news, weather, traffic with flagship breakfast and drivetime shows along with a wide variety of local produced music and culture shows throughout the day and night. The station is home to Cram the Van, the local Christmas toy appeal and has a youth training facility YouthSPACE. Cuillin FM Limited is a Scottish Charity SC046516 regulated by the Scottish Charity Regulator (OSCR)
Community Shops	
Isle of Skye	
AN CRÙBH Duisdale Beag, Sleat, Isle of Skye IV43 8QU www.ancrubh.com Email managercamuscross@gmail.com Email ancrubhoffice@gmail.com Phone 01471 833 780	As well as being a community hub with a flexible meeting space, An Crùbh also a well-stocked general store, selling essentials, local products and gifts. The Isle Ornsay Post Office is also based there.
ARMADALE STORES Armadale, Sleat, Isle of Skye IV45 8RS www.sleat.org.uk/armadale-stores-shop www.facebook.com/ARMADALESTORES Email trading@sleat.org.uk Phone 01471 844289 See also SLEAT COMMUNITY TRUST	Armadale Stores in Sleat stocks a wide range of groceries, local produce and wholefoods. Eco-Refills on staples such as flour, spices etc. Includes Post Office / Petrol and Deisel/Calor gas/ coal/logs and kindling. Battery recycling point and donation box for Community Foodbank. Armadale Stores is managed by the volunteer directors of Sleat Community Trading Co Ltd (a Sleat Community Trust project)
CARBOST COMMUNITY SHOP CIC www.facebook.com/carbostcommunityshop Email hello@carbostcommunityshop.co.uk Phone 01478 640201	Carbost Community Shop is a community owned and run local village shop. Well stocked with fruit and vegetables, bread, locally made ready meals, drinks, tinned goods and lots more. Lochalsh Butchers deliveries.
STAFFIN Email staffin.stores@yahoo.co.uk Phone 01470 562221	Staffin Stores is located within Staffin Hall and offers a wide variety of groceries, coal and kindling.

Isle of Raasay	
RAASAY COMMUNITY STORES 29/30 Inverarish Terrace, Isle of Raasay www.facebook.com/RaasayCommunityStores Phone 01478 660203 Email raasaystores@gmail.com	Raasay Community Stores is the local shop & Post Office for the Isle of Raasay. Owned and run by the community of Raasay, it is the only shop on the island, providing vital supplies and Post Office service.
Lochalsh	
DORNIE SHOP Email dorniecommunityshop@gmail.com Dornie and District Community Trust project	GLENELG SHOP Glenelg and Arnisdale Community Trust secured purchase of the shop for the community Aug 2025
See also COMMUNITY FRIDGE - LOCHALSH REUSE & RECYCLE HUB	
Community Transport	
Isle of Skye	
DUNVEGAN COMMUNITY MINIBUS Bookings – online booking form www.dunvegantrust.co.uk/wpbc-booking Email office@dunvegantrust.co.uk	Managed by Dunvegan Community Trust and available for local groups to hire. All drivers must be members of Dunvegan Community Trust and comply with required conditions.
MINGINISH COMMUNITY MINIBUS Facebook page Email minginishbus@gmail.com Minginish Minibus Group is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC026825.	The Minginish Minibus is a community bus used primarily in the Minginish area for local activities such as pensioner's lunch clubs and shopping trips, school outings and sports events. It is also available for private hire throughout the Isle of Skye. It is a 16-seat bus with places for up to 4 wheelchairs and an electric ramp.
KYLEAKIN COMMUNITY MINIBUS www.kyleakinminibus.com Facebook page Email kyleakinminibus@gmail.com	The Kyleakin Community Minibus can seat 16 passengers and has a wheelchair lift for accessibility. The Minibus is based in Kyleakin and a resource primarily for the benefit of the Kyleakin community although also available to the wider community when possible.
SLEAT COMMUNITY MINIBUS Phone 01471 844 776 Email communitybus@sleat.org.uk or office@sleat.org.uk	Owned and managed by Sleat Community Trust, the zero-emission community minibus can be used for medical appointments. It is also available for hire by groups in Sleat and Sleat residents for uses that support health, mobility, education, and social inclusion.

Lochalsh	
GLENELG & ARNISDALE BUS USER GROUP https://www.bug-voucher.co.uk Glenelg and Arnisdale Bus Users Group is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC046425	The Glenelg and Arnisdale Bus Users Group (in partnership with The Highland Council) operate a voucher system subsidised community taxi service for anyone wishing to travel to/from the Citylink bus stop at Shiel Bridge to Glenelg, Arnisdale or Corran. Vouchers can be purchased online or at the shop in Glenelg.
ISLE OF SKYE FERRY CIC Shore Station, Glenelg, By Kyle IV40 8JZ www.skyeferry.co.uk Email info@skyeferry.co.uk Phone 01599 522700	The Isle of Skye Ferry CIC operate the last manually operated turntable ferry in the world. The community owned MV Glenachulish operates between Glenelg and Kylerhea April – October seven days a week.
HAMISH McBUS www.lochalsh.uk/projects/lochalsh-loves-local/sustainable-transport Email info@lochalsh.uk	Run by Kyle Community Trust, the Hamish McBus provides shopping trips (to/from Dornie and Plockton) and can seat 8 passengers alongside the driver. The bus is also available to hire by local charities and groups. Conditions apply – please see website.
Development Trusts see also DEVELOPMENT TRUST ASSOCIATION SCOTLAND	
Isle of Skye	
BROADFORD AND STRATH COMMUNITY COMPANY www.broadfordandstrath.org www.facebook.com/BroadfordEnvironment Email General Enquiries mail@broadfordandstrath.org Email – Flourish flourish@broadfordandstrath.org Email Corry Capers corry_capers@broadfordandstrath.org	The Broadford and Strath Community Company manage several projects in the Broadford and Strath area including community owned campsite, (Camping Skye), Broadford and Elgol public toilets, path network, Growers Hub including community allotments, orchard, Corry Capers outdoor learning, Men's Shed, Tree Nursery and Flourish Together a horticultural therapy group. Broadford and Strath Community Company is a Scottish Charity SC034829 regulated by the Scottish Charity Regulator (OSCR).
CAMUSCROSS AND DUISDALE INITIATIVE IOMAI RT CHAMUS CHROS AGUS DHUISDEIL An Crùbh, Duisdale Beag, Sleat, Isle of Skye IV43 8QU www.camuscross.or www.facebook.com/camuscrossandduisdale Email managercamuscross@gmail.com See also AN CRÙBH	Manage several community projects in the local area including; - An Crùbh community hub (including flexible meeting space, shop and Post Office facilities); South Skye Motorhome Park; Allt Duisdale Reservoir scheme; pathways and children's playpark. They are also investigating the options for affordable housing sites on the common grazing. Camuscross & Duisdale Initiative is a Scottish Charity SC041149 regulated by the Scottish Charity Regulator (OSCR).

THE GLENDALE TRUST www.theglendaletrust.org Email clare@theglendaletrust.org	The Glendale Trust is currently focused on providing affordable housing with the purchase of the old Borrodale School building in Glendale. The Glendale Trust is a Scottish Charity, SC038741, regulated by the Scottish Charity Regulator (OSCR)
DUNVEGAN COMMUNITY TRUST URRAS SGIRE DHUNBEAGAN www.dunvegantrust.co.uk www.facebook.com/DunveganCommunitytrust Email dunvegancommunitytrust@gmail.com Dunvegan Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052078.	Dunvegan Community Trust not only distributes the Community Benefit Fund generated by the Ben Aketil Windfarm but is also developing and managing community projects itself such as the Dunvegan Community Park. They provide annual funding to Dunvegan Primary School to help provide school trips and have recently aided an upgrade of new windows and door for the village hall. Their Community Action Plan includes looking at affordable housing and the development of a community hub.
EDINBANE AND COMMUNITIES COMPANY www.edinbaneandcommunities.org Email admin@edinbaneandcommunitiescompany.org Edinbane and Communities Company is a Scottish Charity, SC040297 regulated by the Scottish Charity Regulator (OSCR).	Edinbane and Communities Company was first established as a vehicle to manage community benefit funds generated through the Vattenfall windfarm. Successful projects have so far included funding development and landscaping of; a village play park; school ground management for a growing tunnel, vegetable beds, composting facilities and forest walkways behind the school; a new War Memorial and help towards renovation of the community hall. Ongoing projects include working in partnership on social/affordable housing options; community shop and looking at a potential site short term parking for campervans and cars visiting the village.
ELGOL and STRATHAIRD DEVELOPMENT TRUST Facebook Page Email hello@elgolandstrathaird.org.uk	Elgol and Strathaird Development Trust are focusing initially on registering community interest in purchasing the Strathaird farm and inbye land. They are currently looking at the mapping and legal work required for this. Elgol and Strathaird Development Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC053807.

KILMUIR COMMUNITY TRUST URRAS CHILLE MHOIRE c/o Kilmuir Hall , Kilmuir , Portree, Isle of Skye IV51 9WS www.kilmuircommunitytrust.co.uk www.facebook.com/kilmuirhall Email - Community Enquiries: kilmuircommunitytrust@gmail.com Email - Kilmuir Hall and Gaelic Development: kilmuirhall@gmail.com See also KILMUIR HALL	Kilmuir Community Trust supports and enables people of the local community to take part in advancing community development, providing facilities and promoting and sustaining the local arts, heritage and culture. They employ a Gaelic Development Officer (funded by Bòrd na Gàidhlig) to drive engagement in Gaelic culture, language, and land, and supports events and community outreach. Kilmuir Community Trust also own and are responsible for the management of Kilmuir Hall. Kilmuir Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC050251
MINGINISH COMMUNITY ASSOCIATION www.minginishhall.co.uk www.facebook.com/Minginish Email project.officer@minginish.scot Phone 07810 446660 Minginish Community Association is a Scottish Charity, SC028093 regulated by the Scottish Charity Regulator (OSCR) See also MINGINISH COMMUNITY HALL FAIRY POOLS GRANT FUND for school leavers in Minginish	The Fairy Pools Car Park in Glenbrittle is a partnership project in which Minginish Community Association (MCA) works with Outdoor Access Trust for Scotland (both registered charities) to provide car parking and toilets at the very busy Fairy Pools Car Park. Funds raised at the car park are administered by MCA and support community projects and facilities in the peninsula of Minginish. As well as managing the community hall in Portnalong, MCA is working on a community housing project, a local discount scheme at Carbst Community Shop and has recently supported a community garden project and a local heritage project.
PORTREE & BRAES COMMUNITY TRUST Office 5, Jans, 6 Broom place, Portree, Isle of Skye IV51 9HL www.portreeandbraes.org www.facebook.com/portreeandbraes Email iona@portreeandbraes.org Portree and Braes Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC046593	Promoting the development and regeneration of Portree and Braes, The Portree and Braes Community Trust's projects (coordinated by sub-groups of Trust members and Trustees) include Light Up Portree events; the purchase of the King George V Playing Field and community allotments. They also work in partnership with NHS on the Work on Skye recruitment website.

SLEAT COMMUNITY TRUST Ardvasar, Isle of Skye IV45 8RS www.sleat.org.uk/ www.facebook.com/SleatCommunityTrust Email office@sleat.org.uk Phone 01471 844776 See also SLEAT NATURE GROUP SLEAT HYDRO BENEFIT FUND SLEAT COMMUNITY MINIBUS ARMADALE STORES SLEAT RENEWABLES	Sleat Community Trust is currently active in running the community shop (via Sleat Community Trading); co-ordinating the Sleat Nature Group, the Sleat Community Minibus, Sleat Renewables and community café events. They are also involved in the Tormore Forest and administer the community benefit funds received from Sleat Hydro Community Benefit Society. Sleat Community Trust is working alongside Sleat Community Council in co-ordinating a community response to the sale of Clan Donald Lands Trust farm and crofting land. Sleat Community Trust is a Scottish Charity, SC035316, regulated by the Scottish Charity Regulator (OSCR).
STAFFIN COMMUNITY TRUST (URRAS AN TAOBH SEAR) www.skyeecomuseum.co.uk/why-staffin www.communitylandscotland.org.uk/members/staffin-community-trust Email staffin.lido@gmail.com Staffin Community Trust is a Scottish Charity, SC049540 regulated by the Scottish Charity Regulator (OSCR).	The Staffin Community Trust works to improve services and stimulate social and cultural activities in the Staffin area, putting the Gaelic language at the heart of their activities. They work closely with Staffin Community Council, Staffin Community Hall Association, Columba 1400, Sgoil Stafainn and local businesses. To date their projects include a housing, health and business development at Taighean a' Chaiseil, the Skye EcoMuseum project and improvements to Staffin slipway.
STRUAN COMMUNITY TRUST www.struancommunity.co.uk Email alisongarage@aol.com See also STRUAN COMMUNITY TRUST COMMUNITY BENEFIT FUNDING	Struan Community Trust are currently focusing on plans to develop a community hub from the old school building in Struan and have established regular community events. Further project plans are in their Local Area Plan published Feb 2024. They also distribute community benefit funding from the Vattenfall wind farm in the local area.
UIG COMMUNITY TRUST Facebook page Email localdevelopmentofficer@gmail.com	The Uig Community Trust works to improve the infrastructure and services that support the communities of the Uig area. Uig Community Trust is a Scottish Charity, SC041733 regulated by the Scottish Charity Regulator (OSCR).

Isle of Raasay	
RAASAY DEVELOPMENT TRUST Raasay Community Hall, Inverarish, Isle of Raasay, By Kyle, Highland IV40 8PA www.raasay.com/development-trust Email raasaydevelopmenttrust@gmail.com Raasay Development Trust Ltd is a Scottish Charity SC045185 regulated by the Scottish Charity Regulator (OSCR).	Raasay Development Trust works to sustain a diverse range of community assets and development projects including managing community assets and delivering the Carbon Neutral islands project. They work in partnership on the development of affordable housing, the pontoon project and hydro scheme on the island managed by Raasay Renewables). see also RAASAY RENEWABLES
Lochalsh	
BALMACARA COMMUNITY TRUST The Square, Balmacara, Kyle IV40 8DJ www.balmacara.scot Email info@balmacara.scot	Working on the restoration of the Old Mill Hall to provide a vibrant community hub for the village and the development of the Woodland Park, whilst maintaining community and public access to the woodland walks. Balmacara Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC051242.
FERNAIG COMMUNITY TRUST www.stromeferry-and-achmore.co.uk/fernaig-community-trust-fct	Small development trust overseeing ownership of 110 acres of land that includes smallholdings, allotments, public footpaths and native woodland. Fernaig Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC033722.
GLENELG AND ARNISDALE DEVELOPMENT TRUST Facebook Group Email trustee.gadt@gmail.com	Manage a range of community development projects including the provision of social housing and the purchase of the local shop for the community. Glenelg and Arnisdale Development Trust is a Scottish Charity SC039874 regulated by the Scottish Charity Regulator (OSCR).
KYLE & LOCHALSH COMMUNITY TRUST KLCT, Toll Office, Kyle of Lochalsh IV40 8AZ www.lochalsh.uk www.facebook.com/kyleandlochalshcommunitytrust Email info@lochalsh.uk Phone 01599 534505	KLCT work to generate income through enterprise and the ownership of assets. Projects include the development of the Plock – Kyle’s Community Garden; running the minibus Hamish McBus; Kyle Toilets and Launderette and the Lochalsh Reuse and Recycle Hub. Kyle and Lochalsh Community Trust is a Scottish Charity SC043360 regulated by the Scottish Charity Regulator (OSCR).

PLOCKTON & DISTRICT COMMUNITY TRUST www.plockton.com Facebook page Email info@plockton.com	Current projects include the acquisition of the old Post Office building in the village to be developed as a community hub. Plockton and District Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC050271.
Fundraising Groups	
FRIENDS OF AN ACARSAID CARE HOME Facebook Page Email friendsofanacarsaidch@outlook.com Friends of An Acarsaid is a Scottish Charity SC054151 regulated by the Scottish Charity Regulator (OSCR).	Friends of An Acarsaid Care Home has been established for the benefit of the residents and staff of An Acarsaid. Any monies raised will be used to enhance the lives of the residents residing at the Care Home. This will be achieved by fund raising activities and by accepting donations plus the organising of volunteer work parties to help in a practical way as and when required. Friends of An Acarsaid have a desire to make a difference to enrich the experience of all the residents of the Care Home at any given time.
FRIENDS OF BROADFORD HOSPITAL www.facebook.com/broadfordhosp	The Friends of Broadford Hospital are an active volunteer-run fundraising group helping to provide equipment and supplies for Broadford hospital. They hold fundraising events such as community cafes, bake sales and craft fairs.
FRIENDS OF PORTREE HOSPITAL Facebook page Email friendsofportreehospital@hotmail.com Friends of Portree Hospital is a Scottish Charity SC003462 regulated by the Scottish Charity Regulator (OSCR).	The Friends of Portree Hospital are an active volunteer-run fundraising group helping to provide equipment and supplies for Portree Hospital and local Health Services – such as table and chairs for the Patients Day Room; Hospitality Trolley for patients at Portree Hospital; training equipment for staff at Portree Hospital (also available for use by Community Nurses and Staff at Broadford Hospital)
FRIENDS OF PLOCKTON MUSIC SCHOOL http://www.fpms.org.uk Email info@fpms.org.uk	Friends of Plockton Music School is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC042890
FRIENDS OF PLOCKTON PLAYPARK Facebook Page	Friends of Plockton Playpark is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC044767

LUCKY2BHERE www.lucky2bhere.org www.facebook.com/lucky2bhere Email info@lucky2bhere.org Lucky2Bhere is a Scottish Charity, SC041103, regulated by the Scottish Charity Regulator (OSCR).	Lucky2Bhere fundraise for the purchase of acute medical care, training, research and equipment. They provide defibrillators for communities across Scotland placing them in sports venues, village halls, schools, churches and business premises. They also deliver emergency life support training to communities throughout Scotland.
CANCER RESEARCH UK – ISLE OF SKYE BRANCH Facebook page	Local fundraising group supporting the work of Cancer Research UK – itself a Charity registered in Scotland SC041666 regulated by the Scottish Charity Regulator (OSCR)
MACMILLAN CANCER SUPPORT - LOCHALSH GLENELG AND SKYE Website Facebook page Email Marie Finlayson finlayson@gmx.com	Local fundraising to support the work of UK national charity MacMillan Cancer Support (registered in Scotland SC039907 and regulated by the Scottish Charity Regulator OSCR www.macmillan.org.uk
Community Benefits Funding / Grant Making Organisations	
DUNVEGAN COMMUNITY TRUST – COMMUNITY BENEFIT FUNDING www.dunvegantrust.co.uk www.facebook.com/DunveganCommunitytrust Email dunvegancommunitytrust@gmail.com Dunvegan Community Trust is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052078	As well as managing community projects itself, Dunvegan Community Trust distributes the Community Benefit Fund generated by the Ben Aketil Windfarm. Constituted Community Groups, voluntary organisations and social enterprises are eligible to apply for funding as well as individuals seeking financial assistance to attend and complete advancing education or employment opportunities. Projects must be located within the Dunvegan area (as defined by Dunvegan Community Trust Constitution) or benefit the residents of the Dunvegan Area.
EDINBANE and COMMUNITIES COMPANY www.edinbanecommunitycompany.org Email devworker@edinbanecommunitycompany.org See also EDINBANE AND COMMUNITIES COMPANY under Development Trusts	Edinbane and Communities Company manages community benefit funds generated through the Vattenfall windfarm. Funding is available to individuals from the Edinbane post code area to support education costs or the costs of apprenticeships or apprentice type training. Funding is also available for businesses in the Edinbane post code area to cover business training costs. See website for details and application forms. Edinbane and Communities Company is a Scottish Charity, SC040297 regulated by the Scottish Charity Regulator (OSCR).

FAIRY POOLS GRANT FUND (MINGINISH) www.minginishhall.co.uk/the-fairy-pools-grant-fund Email project.officer@minginish.scot Phone 07810 446660 See also MINGINISH COMMUNITY ASSOCIATION under Development Trusts	Funds raised at the Fairy Pools car park are administered by Minginish Community Association, providing grants to individuals/organisations within Minginish. The funding can: - • help school leavers age 16-21 in the Minginish area taking their first steps into further education/apprenticeship or work • residents who are in financial hardship • local groups (eg. sports teams, clubs, and societies) with grants (up to a maximum of £7,500) or educational and environmental projects.
ISLE OF SKYE RENEWABLES CO-OP COMMUNITY FUND www.skye.coop/application-for-funding Email info@skye.coop	The Isle of Skye Renewables Co-op (IoSRC) owns a small share of the Ben Aketil Wind Farm on the Isle of Skye. Each year they receive a share of the profits from the wind farm, a proportion of which is paid out to members of the IoSRC and a proportion allocated to a Community Fund. The fund is open to applications for supporting environmental and sustainability projects and initiatives which benefit the people who live in the area. Individuals and community groups/organisations may apply.
SLEAT HYDRO COMMUNITY BENEFIT FUND Sleat Hydro Community Benefit Society, Trust Offices, Ardvassar, Isle of Skye, IV45 8RS www.sleat.org.uk/project/micro-hydro-scheme www.sleathydro.co.uk Email office@sleat.org.uk Phone 01471 844776 See also SLEAT HYDRO - CUMHACHD SHLÈITE SLEAT COMMUNITY TRUST	Sleat Hydro Community Benefit Society was formed in 2020 to use the renewable resources of Tormore Forest to produce green electricity. The profits (after dividends) are passed to the Sleat Community Trust to fund community groups/ individuals and development projects that benefit people in Sleat. Projects related to Tormore are especially encouraged. Maximum grants £500. Sleat Hydro Community Benefit Society is a Community Benefit Society registered with the Financial Conduct Authority Reg. number 8408.
THE BUDHMOR FUND (SKYE OLDER PEOPLES WELFARE COMMITTEE) www.budhmorfund.com Email Budhmorfund@gmail.com See also listings for help and support for Older People under Health and Welfare	Skye Older Peoples Welfare Committee manages The Budhmor Fund supporting older people in Skye and Raasay. Grants up to £5,000 are available for voluntary groups working with older people. Skye Older Peoples Welfare Committee is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number:SC034783

STRUAN COMMUNITY TRUST - COMMUNITY BENEFIT FUNDING www.struancommunity.co.uk/struan-community-trust/making-an-application-to-the-struan-community-trust Please note the separate guidance notes and application forms for groups and individuals Email alisongarage@aol.com	Struan Community Trust distributes Community Benefit Funds from the Vattenfall windfarm to community groups and individuals in the Struan area (or to groups providing a wider service to the community). The funding is to be used for the benefit of the Struan community and successful applicants must meet the grant criteria. Constituted community groups and individuals within the Struan area may apply. Applications will also be accepted from groups who provide services which are of benefit to the Struan Community but are not based there.
RAASAY COMMUNITY RENEWABLES LTD www.raasayrenewables.co.uk Email info@raasayrenewables.co.uk Phone 0790 2093608 See also RAASAY DEVELOPMENT TRUST	Legally anchored to Raasay Development Trust, profits from Raasay Community Renewables Ltd are used for the benefit of the local community and environment. They operate two community owned run of river hydro-electric generation schemes RCR is a Community Benefit Society registered with the Financial Conduct Authority Reg. number 8459
COMMUNITY SPACES	
Village Halls /Community Centres/Community Hubs	
Isle of Skye	
AN CRÙBH Duisdale Beag, Sleat, Isle of Skye IV43 8QU www.ancrubh.com Email managercamuscross@gmail.com ancrubhoffice@gmail.com Phone 01471 833 780	One of the projects managed by Camuscross and Duisdale Initiative An Crùbh in Sleat is a community hub with a flexible meeting space. It also offers a well-stocked general store, selling essentials, local products and gifts. The Isle Ornsay Post Office is also based there. See also CAMUSCROSS & DUISDALE INITIATIVE
ARDVSAR COMMUNITY HALL Ardvasar, Sleat Isle of Skye IV45 8RS www.facebook.com/ardvasarhall www.instagram.com/ardvasar_community_hall	Hosts a wide variety of events including live music, ceilidh dances, charity cafes, community meetings etc.
BRAES COMMUNITY HALL Lower Ollach, Braes, By Portree Isle of Skye IV51 9LJ www.braesskye.wordpress.com Facebook Group Braes Village Hall is a Scottish Charity SC034804 regulated by the Scottish Charity Regulator (OSCR).	The hall hosts a wide range of community activities including concerts, craft fairs and community cafes. Tables and chairs for up to 80 people. Electric heating, cooker and urn. Large kitchen for serving pre-prepared food. Small mezzanine space suitable for table-top games. Toilets. Parking for up to 10 cars.

BREAKISH HALL - TALLA BHREACAIS Breakish, By Broadford, Isle of Skye IV42 8QA www.facebook.com/breakishhall Email breakishhall@gmail.com Hall information and booking details	Hosts a wide range of live music and ceilidh sessions, community events, fundraising events and meetings. The hall seats approx. 70 people and the committee/ club room seats 8 max. Chairs for 70 and folding tables to seat approx. 40 people.
BROADFORD VILLAGE HALL www.southskynecampus.org/facilities/village-hall Email villagehall@southskynecampus.org Phone 07871269567 or 01471 822 895 See also SOUTH SKYE COMMUNITY CAMPUS	The spacious Village Hall in Broadford comprises three spaces – Upper Hall, Main Hall and Meeting Room. The upper hall includes a fully equipped kitchen area. It can seat 80 people. The Main Hall with reconditioned spring floor can seat up to 135 people and the smaller meeting room (club room) can seat 36. Tables & Chairs available: 20 large tables, 15 small tables and 240 chairs. PA System. Broadford Village Hall is volunteer managed by South Skye Community Campus SCIO.
BROADFORD UHI Broadford Learning Centre Pàirc nan Craobh, Broadford, Isle of Skye, IV49 9AP Email broadford.nwh@uhi.ac.uk Phone 01397 874 530	The Broadford UHI building offers a large classroom with PCs, providing space for study, online classes, or meetings. Available for hire. Printing, scanning, and photocopying facilities on site. The Board of Management of UHI North, West and Hebrides is a Statutory Corporation and a Scottish Charity SC021215 regulated by the Scottish Charity Regulator (OSCR).
CHURCH OF SCOTLAND HALL (PORTREE) York Drive Portree Isle of Skye IV51 9EB.	The Church of Scotland Hall on York Drive is used by many local groups for events and classes, drop in sessions etc. It provides space for the Skye and Lochalsh Community Foodbank.
COLUMBA 1400 Staffin, Isle of Skye IV51 9JY www.columba1400.com www.facebook.com/columba1400 Email hello@columba1400.com Phone 01478 611400	As well as running leadership academies for young people and adults, and a social enterprise café, Columba 1400 offers conference and group facilities for hire for a variety of different events and meetings. Columba 1400 is a Scottish Charity SC026987 regulated by the Scottish Charity Regulator (OSCR).
DUNVEGAN HALL Dunvegan Isle of Skye IV55 8WA Email dunvegancommunityhall@gmail.com Dunvegan Community Hall Association is a Scottish Charity SC018099 regulated by the Scottish Charity Regulator (OSCR)	Centrally situated in the village of Dunvegan the community hall is well used, with regular events for all ages including films, concerts, bingo nights, yoga and keep fit, other sports activities, ceilidhs, parties etc. The hall is available for hire and provides a flexible venue for a wide range of services including drop-in consultation events, vaccination clinics and barber. Two hall spaces downstairs and a meeting room upstairs. Toilets. Parking.

EDINBANE COMMUNITY HALL Edinbane, Portree IV51 9PW www.facebook.com/Edinbanehall Email edinbanehall@gmail.com	Hosts a range of activities including live music, quiz nights and community events. It also provides a venue for a local Post Office outreach service.
ELGOL VILLAGE HALL www.elgolvillagehall.co.uk www.facebook.com/ElgolHall Email elgolhall@gmail.com Phone 07817861525 Elgol Village Hall Association is a Scottish Charity SC026922 regulated by the Scottish Charity Regulator (OSCR).	Elgol Village Hall run by the small community of Elgol and Glasnakille hosts live music events and ceilidh, fundraising events, community exhibitions and meetings. Comprising small and large hall spaces available for private hire for wide variety of uses including weddings, parties, public or private meetings, training events, indoor sports events, dances and craft fairs.
FINGAL CENTRE - ARAINN FHINN Viewfield Road Portree IV51 9ET <i>Access to car park is on Dunvegan Road.</i> www.highlifehighland.com/fingal-centre Phone 01478 614819 Email fingal.centre@highlifehighland.com	The Fingal Centre leisure facilities are run by Highlife Highland and include the swimming pool and fitness classes. It also offers flexible spaces for hire. The Venue - theatre space equipped with stage, lights/sound system and retractable seating (for 270) Meeting Room - seats up to 20 people with screen and projector available. There are also up to 20 classrooms available outwith school hours.
GLENDALE COMMUNITY HALL www.theglendaletrust.org/glendale-community-hall Facebook page Email glendalecommunityhall@gmail.com	Glendale Community Hall hosts a wide range of community activities including regular craft fairs, exercise classes and sports activities. It is available for private hire for weddings, parties, public or private meetings, training events, indoor sports events, dances, fairs, etc. Glendale Community Hall Association is a Scottish Charity SC023732 regulated by the Scottish Charity Regulator (OSCR).
KILMUIR COMMUNITY HALL Kilmuir, Isle of Skye IV51 9YS www.kilmuircommunitytrust.co.uk www.facebook.com/kilmuirhall Email kilmuirhall@gmail.com See also KILMUIR COMMUNITY TRUST	Kilmuir Hall is owned and managed by Kilmuir Community Trust. It provides a central hub for the local community, hosting events (of all sizes), exhibitions, children's groups, and private hire. The Hall is well equipped with extensive catering and music equipment. Parking with EV chargers and a campervan chemical waste disposal point on site.
KYLEAKIN COMMUNITY HALL Kyleakin Roundabout, Kyleakin, Isle of Skye IV41 8PQ www.kyleakincommunityhall.co.uk Email kyleakinhall@gmail.com Phone 01599 534391	Kyleakin Community Hall hosts a wealth of activities including sports, weddings, concerts, conferences and as a base for outdoor events. It is regularly used by community groups including Strath Gaelic Choir. Large hall, reception space and smaller flexible meeting room(s). Seated capacity 200 / standing maximum 400 people. Modular staging and well-equipped kitchen. Parking. Toilets. Adjacent sports field and playpark.

MINGINISH COMMUNITY HALL Portnalong, Isle of Skye IV47 8SL www.minginishhall.co.uk www.facebook.com/Minginish Email hallbookings@minginish.scot See also MINGINISH COMMUNITY ASSOCIATION	Spacious modern hall offering a flexible space for a wide range of community activities including concerts, ceilidhs, films, sports such as badminton and carpet bowls; craft fairs, weddings and parties. Main hall plus separate meeting rooms and well-equipped kitchen. Available for hire. Public Toilets. Parking. The hall car park also provides a stop for the mobile library and mobile fish van.
PORTREE COMMUNITY CENTRE Camnachd Square, Park Road, Portree, Isle of Skye IV51 9BW www.portreeandbraes.org/project/portree-community-centre www.facebook.com/portreecommunitycentre Email communitycentre@portreeandbraes.org	Managed by a volunteer sub-group of the Portree & Braes Community Trust, Portree Community Centre provides a venue for a wide range of events, including live music, fundraising events, conferences and weddings. The building also provides work space for two local businesses, as well the Post Office. Comprises two spaces – larger and small hall, toilets and small kitchen. See also PORTREE COMMUNITY CENTRE ASSOCIATION
SHEPHERD'S WAY CHURCH HALL Portree & Bracadale Free Church of Scotland Shepherds Way Portree IV51 9TS Phone 01478 613286 Email donnieg@portreefreechurch.org.uk	The church hall provides a large modern multi-purpose space for community use and is available to hire. It hosts a wide variety of regular community events, a craft and chat group and fundraising car boot sales. See also PORTREE & BRACADALE FREE CHURCH OF SCOTLAND
SKEABOST MEMORIAL HALL Skeabost, By Portree Isle of Skye IV51 9NP www.facebook.com/skeabostmemorialhall Phone 01470 552393 Skeabost Memorial Hall is a Scottish Charity SC007175 regulated by the Scottish Charity Regulator (OSCR).	Skeabost Memorial Hall offers a space for many community activities including playgroup, indoor bowling, fundraising events and dance classes. Social functions including ceilidh dances are held throughout the year. Regular venue for U3A meetings, Skye Stroke Friends (Wednesdays) and is available to hire for a wide range of activities.
SKYE GATHERING HALL Fancy Hill, Portree, Isle of Skye, IV51 9BZ Facebook page Email skyegatheringhall@gmail.com	Iconic venue above the harbour in Portree, The Gathering Hall hosts a wide range of events and activities. It is available for hire for weddings, craft fairs, ceilidh and concerts, community meetings, fundraising events etc and is the traditional venue for the piping competitions at the annual Highland Games each August.

STAFFIN HALL – TALLA STAFAINN Staffin, Isle of Skye IV51 9JS www.tallastafainn.org Email Tallastafainn@gmail.com Phone 01470 562 221 (Shop) Staffin Community Hall Association is a Scottish Charity SC029818 regulated by the Scottish Charity Regulator (OSCR).	Talla Stafainn (Staffin Community Hall) was opened in 1982. Talla Stafainn offers a collective space that includes shop, restaurant, launderette, gym, toilets, exhibition area and a large multi-functional hall. The hall is available for hire (daily or half daily rates) and facilities include a large hall and a smaller room which can be used for meetings and exhibitions. Tables and chairs are also available. Parking and public toilets.
TARSKAVAIG HALL Tarskavaig, Isle of Skye IV46 8SA Facebook page	Hosts regular pop-up community cafés and other events. Tarskavaig Communities Hall Association is a Scottish Charity SC027775 regulated by the Scottish Charity Regulator (OSCR).
UIG COMMUNITY HALL Pier Road, Uig, Isle of Skye IV51 9XP Facebook Group Email uigvillagehall@gmail.com Uig Community Hall is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052241	Uig Community Hall hosts a wide range of community events and activities including concerts, sports clubs, car boot sales and craft fairs, pop-up cafes and community get-togethers. As well as the main hall, and a small meeting room (max 6 people) the adjacent sports hall includes equipment for badminton, indoor tennis, indoor bowls, basketball, football, dodge ball, skittles, indoor hockey, rounders, air hockey, pool and table football. Small kitchen. Toilets. Limited Parking.
WATERNISH HALL – TALLA BHATAIRNIS www.waternishhall.com www.facebook.com/WaternishVillageHall Email waternishhall@gmail.com	Well used community hall hosting a variety of events including quiz nights, ceilidhs, knit & stitch, film nights, pickleball sessions, sports, craft fairs etc. The hall also hosts a Post Office outreach service. Waternish Hall is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC045241.
Lochalsh	
ACHMORE & STROME FERRY COMMUNITY HALL www.stromeferry-and-achmore.co.uk Enquiries via website.	Offers facilities for between 70- 100 people with flexible staging and tiered seating and a well-equipped kitchen. Gallery space, meeting room and main hall which can be booked separately. Achmore Community Hall Association is a Scottish Charity SC024849 regulated by the Scottish Charity Regulator (OSCR).

DORNIE & DISTRICT COMMUNITY VILLAGE HALL Aird Point, Ardelve, Dornie, Kyle of Lochalsh IV40 8DY www.dorniehall.org.uk Facebook page Enquiries via the website or facebook page Dornie and District Community Village Hall is a Scottish Charity SC035534 regulated by the Scottish Charity Regulator (OSCR)	Hosts a wide variety of events and activities including regular pickleball, yoga, church services, film nights, craft fairs and sewing classes. The hall includes a main hall space which can accommodate up to 180 people seated theatre-style; a separate smaller meeting room (seats up to 16 people board room style) small bar area with serving hatch and kitchen. Toilets. Chairs & Tables. Available to hire for private or community functions including weddings.
GLENELG & ARNISDALE COMMUNITY HALL 3 Kirkton, Glenelg, Kyle IV40 8JR www.facebook.com/Glenelghall	Hosts live music, ceilidh dances, exhibitions, quizzes and fundraising events, craft sessions and curry nights. Glenelg and Arnisdale Community Hall is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052903.
INVERINATE & LOCH DUICH COMMUNITY CENTRE Inverinate, Ross-shire, IV40 8HP Facebook Group Email inverinatehallbookings@gmail.com Inverinate & Loch Duich Community Centre is a Scottish Charity SC032489 regulated by the Scottish Charity Regulator (OSCR).	The Community centre in Inverinate is in frequent use by local groups and organisations offering sports activities, highland dancing, church services, over 60s events and quiz nights. It is the regular venue for the local lunch club and provides an outreach venue for other services and community meetings. It is also regularly used for coffee mornings and car boot sales.
KYLE HALL Main Street, Kyle of Lochalsh IV40 8BY www.lochalsh.uk/community/village-hall	Capacity up to 150 if stage used, approx 100 if performing on floor. Stacking, plastic, non-interlocking chairs. Smaller room, Kitchen and backstage area.
LIGHTHOUSE CENTRE 5 Station Rd, Kyle of Lochalsh, IV40 8AE See also LIVING HOPE-SKYE & LOCHALSH www.livinghopesl.co.uk	The Lighthouse Centre in Kyle is run by Living Hope Skye & Lochalsh. The Centre provides a venue for outreach sessions from a variety of local charities and groups and is available for hire. The building also includes the Lighthouse Coffee café. Lighthouse Coffee offer a "pay it forward" system for customers to purchase items for those less fortunate.

SKYE BRIDGE STUDIOS 123 The Old School, Main Street, Kyle of Lochalsh IV40 8DA www.facebook.com/skyebridgestudios Email contact@skyebridgestudios123.com Phone 01599 537071 Skye Bridge Studios 123 is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC051841	The Skye Bridge Studios is a community based art centre with three spaces available for hire:- Studio 1 (small exhibition/conference space); Studio 2 (larger conference/ exhibition space) and Studio 3 (lecture/performance space). Parking & Toilets. The venue offers a lively calendar of events including exhibitions, live music, films and theatre.
Isle of Raasay	
RAASAY COMMUNITY HALL www.raasay.com/locations/raasay-community-hall www.instagram.com/raasaycommunityhall Facebook page Email raasaycommunityassociation@gmail.com	Raasay Community Hall is used for sports, films and concerts, craft fairs, weddings, coffee mornings, parties, celebrations, a monthly community kitchen, knitting bee and workshops. Raasay Community Association (Comann Muinntir Ratharsair) is a charity registered in Scotland SC036239.
Leisure Centres / Swimming Pools	
THE FINGAL CENTRE Arainn Fhinn (HIGH LIFE HIGHLAND) www.highlifehighland.com/fingal-centre Email fingal.centre@highlifehighland.com Phone 01478 614819 Highlife Highland are a Scottish Charity SC042593 regulated by the Scottish Charity Regulator (OSCR).	Portree based health and fitness facility offering a swimming pool, fitness suite, climbing wall, steam room and sauna, sports halls and pitch and a community sports hub. They also have meeting space and a theatre. See website for opening times and individual classes including Disabled swimming sessions and fit plus classes for those with limited mobility.
LOCHALSH LEISURE CENTRE Douglas Park, Kyle of Lochalsh, Ross-shire IV40 8AT www.lochalshleisure.uk www.facebook.com/lochalshleisurecentre1 Email manager@lochalshleisure.uk Phone 01599 537241	Lochalsh Leisure Centre is a community-owned leisure facility based in Kyle of Lochalsh. The swimming pool offers sessions for toddlers and families as well as open swim times and aqua fit sessions. There is also a sauna and steam room. Lochalsh & Skye Swimming Pool Association is a Scottish Charity SC002981 regulated by the Scottish Charity Regulator (OSCR).

Local Library Services Highlife Highland run community library and leisure services across the region. Highlife Highland are a Scottish Charity SC042593 regulated by the Scottish Charity Regulator (OSCR).	
Isle of Skye	
BROADFORD LIBRARY Old Corry Road Broadford, Isle of Skye www.highlifehighland.com/libraries/broadford-library Phone 01349 781230 Email broadford.library@highlifehighland.com	As well as offering a wide range of books for lending, and access to the Peoples Network (public access computers), Broadford library also acts as a Highland Council Service Point. Check website for opening hours.
PORTREE COMMUNITY LIBRARY Portree High School Dunvegan Road Portree www.highlifehighland.com/libraries/portree-library www.facebook.com/PortreeCommunityLibrary Phone 01478 614823 Email portree.library@highlifehighland.com	Portree Community Library offers a changing selection of fiction/non-fiction books for all ages; audio books/large Print books; Reference section, Gaelic books and local collection. The offer free Wi-Fi and access to computers and a photocopying service. The library also hosts regular Adult Book Groups, Scrabble Group, Lego sessions and other activities/events including summer activities for young ones and Wednesday Book Bug sessions.
Lochalsh	
KYLE OF LOCHALSH LIBRARY Kintail House, Main St, Kyle of Lochalsh, Kyle IV40 8AB www.highlifehighland.com/libraries/kyle-of-lochalsh-library www.facebook.com/kyleoflochalslibrary Phone 01349 781581 Ext 1581 Email kyle.library@highlifehighland.com Kyle Library offers a wide range of library services as well as free computer access. The library also acts as Highland Council Service Point.	PLOCKTON LIBRARY Village Hall, Harbour St, Plockton IV52 8TG www.highlifehighland.com/libraries/plockton-library www.facebook.com/PlocktonLibrary Phone 01599 544718 Email plockton.library@highlifehighland.com As well as a range of fiction for lending and the book request service, Plockton holds Bookbug sessions, German book club, Lego sessions and other activities.
Mobile Library Service	
SKYE AND LOCHALSH MOBILE LIBRARY www.highlifehighland.com/libraries/skye-and-lochalsh-mobile-library Phone 01478 614823 Phone 07442 849159 Email SkyeandLochalshMobile.Library@highlifehighland.com	The area's popular mobile service calls at pre-arranged community venues across the area on a 3 week rota basis, offering access to library service, book loans and requests.

COMMUNITY FACEBOOK GROUPS

Please be aware that some facebook Group pages require admin approval to join. Always read the group's aims and membership criteria and respect and abide by and group page rules.

Community Heart – Broadford, Strath and Sleat

Minginish Matters

Community Heart – Portree, Carboist and North End

All Things Dunvegan (Isle of Skye)

Community Heart – Kyle and Lochalsh

All Things Uig (Skye)

Raasay Residents Group

Sleat, and Everything Sleat

REDUCE, RE-USE and RECYCLE

Charity Shops

BLYTHSWOOD CARE CHARITY SHOPS

Portree Charity Shop Quay Brae, Portree Isle of Skye IV51 9DE **Phone** 01478 612 198
Broadford Charity Shop 2, Harrapool, Broadford, Isle of Skye IV49 9AQ
Phone 01471 820 020

Blythswood is a Christian charity, with a mission to transform lives through the impact of education, community action and gospel activities. There are two Blythswood Charity Shops in the Skye and Lochalsh area: Portree and Broadford. Both stock a wide variety of preloved goods including clothing, homeware, shoes, jewellery, toys and bric a brac. Blythswood Care is a Scottish Charity SC048001 regulated by the Scottish Charity Regulator (OSCR)

CROSSROADS CARE CHARITY SHOP

Kings House, The Green, Portree, Isle of Skye IV51 9BS
www.facebook.com/crossroadsskye
Phone: 01478 612399
Email office@crossroads-skye.co.uk

See also CROSSROADS CARE SKYE AND LOCHALSH

Donated items accepted include nearly new clothes, pre-loved books, bric-a-brac, cards, gifts and knitwear The Crossroads charity shop is staffed by volunteers. All profits from the shop are used to help us finance support at home for people in Skye & Lochalsh. Crossroads Care – Skye and Lochalsh is a Scottish Charity SC015158 regulated by the Scottish Charity Regulator (OSCR).

RAGTAG AND TEXTILE CHARITY SHOP

Unit 3, Broadford Industrial Estate, Broadford, Isle of Skye IV49 9AP www.ragtagsskye.org
www.facebook.com/RTnTinthehighlands
Email hello@ragtagsskye.org
Phone 01471 822043

See also RAG TAG AND TEXTILE

The RagTag Charity Shop is a treasure trove of unique finds and hidden gems:- from hand-made items crafted during their regular workshops, to pre-loved clothing and a varied collection of donated household items. Books, jigsaws, DVDs, vinyl, toys and games. There is also a section devoted to craft with sewing patterns, wools, embroidery threads, ribbons and knitting needles. Proceeds help with the running of the charity

Rag Tag and Textile is a Scottish Charity SC037619 regulated by the Scottish Charity Regulator (OSCR).	promoting mental and social well-being through support, training, and creative up-cycling projects.
HIGHLAND HOSPICE CHARITY SHOP Park Road, Portree, Isle of Skye, IV51 9EP www.highlandhospice.org/how-you-can-help/retail www.facebook.com/highlandhospiceshops Phone 01478 612960 Email generalenquiries@highlandhospice.org.uk	The shop sells a variety of donated items including clothes, shoes, jewellery, books, music, DVDs, homewares and toys. Donations should be clean, complete and in full working order. All sales go towards supporting the work of Highland Hospice. Highland Hospice is a Scottish Charity SC011227 regulated by the Scottish Charity Regulator (OSCR). See also HIGHLAND HOSPICE
Community Swaps / Re-use and Recycle	
COMMUNITY SWAP SHOP SESSIONS DCF Community cafe, Unit 3, Lochside, Dunvegan, Isle of Skye IV55 8WB Facebook page	Dunvegan Christian Fellowship Swap Shop events are advertised on the Café – opportunities to bring along good quality unwanted items to swap with others – clothing, toys.
FURNITURE PROJECT – AM FASGADH Am Fasgadh, Wood Park, Portree, Isle of Skye IV51 9H www.slmha.co.uk www.facebook.com/AmFasgadh Email furniture@slmha.co.uk Phone 01478 613533 See also SKYE AND LOCHALSH MENTAL HEALTH ASSOCIATION	Skye and Lochalsh Mental Health Association run a charity furniture project at their drop-in centre Am Fasgadh in Portree. They accept donations of good quality furniture and white goods that can be passed on to help people in need within the Skye and Lochalsh area. Am Fasgadh members also work on upcycling projects and the sale of surplus goods and upcycled furniture helps contribute to SLMHA running costs. Kerbside uplift and delivery service. A standard rate fee is applied for arranging the uplift of donated furniture.
LOCHALSH REUSE AND RECYCLE HUB Car Park, 4 Station Road, Kyle, IV40 8AE (next door to Kyle public toilets) www.lochalsh.uk/projects/lochalsh-reuse-and-recycle-hub www.facebook.com/RandRHub	Run by Kyle Community Trust the Lochalsh Reuse and Recycle Hub accepts donations of pre-loved books, DVDs, household items, clothing, toys, small electrical goods, stationery and craft items. All money raised from sales of preloved stock helps towards keeping us running. The shop also includes a Community Fridge & Freezer to share surplus food completely free!

FAITH SERVICES

Please note that we have only listed churches with registered charitable status

Isle of Skye

BRACADALE AND DUIRINISH FREE CHURCH OF SCOTLAND (CONTINUING)

www.bracadaleandduirinishfcc.org
www.freechurchcontinuing.org/congregations/bracadale-duirinish

Parent Charity - Free Church of Scotland (Continuing) is a Scottish Charity SC030976 regulated by the Scottish Charity Regulator (OSCR)

BRACADALE, DUIRINISH AND SNIZORT CHURCH OF SCOTLAND

[Church of Scotland website](#)

Bracadale, Duirinish and Snizort Church of Scotland is a Scottish Charity SC030117 regulated by the Scottish Charity Regulator (OSCR)

DUIRINISH FREE CHURCH OF SCOTLAND

www.facebook.com/duirinishfreechurch
 Covers Glendale, Dunvegan and Waternish

Parent Charity - Free Church of Scotland is a Scottish Charity SC012925 regulated by the Scottish Charity Regulator (OSCR)

KILMUIR AND STENSCHOLL CHURCH OF SCOTLAND

www.facebook.com/KilmuirandStenschollChurch

Kilmuir and Stenscholl Church of Scotland is a Scottish Charity SC014072 regulated by the Scottish Charity Regulator (OSCR)

SKYE BIBLE CHURCH

www.skyebiblechurch.com
www.facebook.com/skyebiblechurchportree
Email jordanbull@skyebiblechurch.com

Skye Bible Church is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number: SC022309.

SKYE CONGREGATION OF JEHOVAHS

WITNESSES Kingdom Hall Of Jehovah's Witnesses, Sconser, Isle Of Skye IV48 8TD

Skye Congregation of Jehovah's Witnesses is a Scottish Charity SC005311 regulated by the Scottish Charity Regulator (OSCR)

SKYE QUBA MOSQUE

Skye Quba Mosque is a Scottish Charity SC050252 regulated by the Scottish Charity Regulator (OSCR)

SLEAT & STRATH, FREE CHURCH OF SCOTLAND

www.facebook.com/SleatandStrathFC

Sleat & Strath Free Church of Scotland is a Scottish Charity SC038148 regulated by the Scottish Charity Regulator (OSCR)

SNIZORT FREE CHURCH (CONTINUING) www.snizort.co.uk Mailing Address: Free Church Manse, Skeabost Bridge, Portree, Isle of Skye, IV51 9NP Contact: Rev. Murdo A N Macleod Phone 01470 532725 Parent Charity - Free Church of Scotland (Continuing) is a Scottish Charity SC030976 regulated by the Scottish Charity Regulator (OSCR)	STRATH AND SLEAT CHURCH OF SCOTLAND www.sschurch.co.uk www.facebook.com/strathandsleatchurchofscotland English and Gaelic services held at:- Broadford Church of Scotland; Kilmore Church of Scotland; Kyleakin Church of Scotland and Elgol Village Hall. Sessions Clerk Jackie MacLennan Email strathandsleat@gmail.com Pastoral care - Minister Rev. John Murdo Nicolson Email: johnmurdonicolson@gmail.com Strath and Sleat Church of Scotland is a Scottish Charity SC001285 regulated by the Scottish Charity Regulator (OSCR)
ST COLUMBA'S EPISCOPAL CHURCH: PORTREE Somerled Square, Portree, Isle of Skye IV51 9EH www.argyll.anglican.org/churches/skye-charges/skye-portree Email stcolumbas.portree@btinternet.com Answer Phone 01478 613135 St Columba's Episcopal Church Portree is a Scottish Charity SC020146 regulated by the Scottish Charity Regulator (OSCR) See also PORTREE BREAD BASKET Community Lunch	TROTTERNISH FREE CHURCH OF SCOTLAND www.trotternishfreechurch.org Facebook Group Trotternish Free Church of Scotland is a Scottish Charity SC041909 regulated by the Scottish Charity Regulator (OSCR)
XCEL CHURCH www.xcel-church.org.uk www.facebook.com/XcelSkye Email: xcelskye@gmail.com 11am Sunday service for all at Skye Gathering Hall in Portree Xcel Church is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC052062 See also THE KEYS PROJECT	Isle of Raasay RAASAY FREE CHURCH OF SCOTLAND (Skye & Wester Ross Presbytery) Raasay Free Church of Scotland is a Scottish Charity SC038170 regulated by the Scottish Charity Regulator (OSCR)

Lochalsh	
CHRISTIAN OUTLOOK ON LOCHALSH (COOL) Kyle Village Hall, Kyle of Lochalsh, IV40 8BF www.coolsotland.org.uk Christian Outlook on Lochalsh is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC031455	GLENELG, ARINSDALE, LOCHALSH & GLENSHIEL FREE CHURCH OF SCOTLAND Mailing Address: Old Free Church Manse, Glenelg, by Kyle of Lochalsh, Ross-Shire IV40 8LA www.glenelgandinverinatefreechurch.com Email freechurchglenelgandinverinate@gmail.com Phone 01599 577043 Parent Charity - Free Church of Scotland is a Scottish Charity SC012925 regulated by the Scottish Charity Regulator (OSCR)
LOCHALSH & STRATH FREE CHURCH (CONTINUING) Mailing Address: 'Aveley', Inverinate by Kyle, Inverness-shire, IV40 8HB, United Kingdom www.lochalshstrath.org Parent Charity - Free Church of Scotland (Continuing) is a Scottish Charity SC030976 regulated by the Scottish Charity Regulator (OSCR)	PLOCKTON & KYLE FREE CHURCH OF SCOTLAND www.plocktonandkylefreechurch.com www.facebook.com/lochalshchurches Plockton and Kyle Free Church of Scotland is a Scottish Charity SC038137 regulated by the Scottish Charity Regulator (OSCR)
SOUTH-WEST ROSS CHURCH OF SCOTLAND Congregation covers Glenelg, Kintail, Lochalsh, Lochcarron and Applecross Facebook Group South-West Ross Church Of Scotland is a Scottish Charity SC016505 regulated by the Scottish Charity Regulator (OSCR).	

MEDICAL

For all medical emergencies **Phone** 999 NHS24 (when local GP surgery is closed) **Phone** 111

Doctors/GP Surgeries/Health Centres

Isle of Skye

CARBOST MEDICAL CENTRE

Phone 01478 640202

Carbost Village, Isle of Skye, IV47 8SR

<https://carbostmedicalpractice.gp.scot>

DUNVEGAN MEDICAL PRACTICE

Phone 01470 521203

Dunvegan Health Centre, Dunvegan, Isle of Skye,

IV55 8GU www.dunveganmedicalpractice.co.uk

PORTREE MEDICAL PRACTICE

Phone 01478 612013

Portree Medical Centre, Fancy Hill Portree, Isle of Skye IV51 9BZ

www.portreemedical.scot.nhs.uk

PORTREE MEDICAL PRACTICE (STAFFIN)

Phone 01478 612013 to book appointment

GP clinic Thursday morning, as well as a Healthcare Assistant clinic, where staffing allows at Staffin Health Centre, Staffin, Isle of Skye, IV51 9AJ.

SOUTH SKYE MEDICAL PRACTICE (BROADFORD)

Phone 01471 822460

Broadford Medical Centre, High Road, Broadford, Isle of Skye, IV49 9AA

www.southskyemedicalpractice.gp.scot

SOUTH SKYE MEDICAL PRACTICE (SLEAT)

Phone 01471 844 283

Sleat Medical Centre, Kilmore, Sleat, Isle of Skye IV44 8RF

www.southskyemedicalpractice.gp.scot

Lochalsh

KYLE MEDICAL PRACTICE

Phone 01599 534257

Lochalsh Healthcare Centre, Station Road, Kyle of Lochalsh IV40 8AE

www.kylemedicalpractice.scot.nhs.uk

GLENELG HEALTH CENTRE **Phone** 01599 522272

Alt Ruadh Glenelg IV40 8JD

www.glenelghealthcentre.gp.scot

Isle of Raasay

PORTREE MEDICAL PRACTICE (RAASAY) **Phone** 01478 612013 to book appointment

GP appointment service in Raasay alternate Wednesday mornings (Raasay Health Clinic, 1 School Park, Isle of Raasay, IV40 8NG). Advanced Nurse Practitioners are based on Raasay full-time.

Hospitals Skye and Lochalsh has two Community Hospitals (Broadford and Portree). The nearest general hospitals are either in Fort William (Belford) or Inverness (Raigmore).	
BROADFORD HOSPITAL High Road, Broadford Isle of Skye IV49 9AA Phone 01471 822491	Broadford Hospital offers an Accident & Emergency service and a range of acute care. Facilities include 20 inpatient beds for medical, surgical and occasional paediatric care; chemotherapy suite; renal dialysis unit and X-ray.
PORTREE COMMUNITY HOSPITAL Phone 01478 613200 Fancyhill, Portree, Isle of Skye IV51 9BZ Services Available 12 GP-led inpatient beds, out-of-hours urgent care, outpatients, podiatry and audiology services, physiotherapy services. Medical cover provided by Portree Medical Practice from 0800-1800 with an on-site doctor for most of that period.	Portree Community Hospital offers NHS urgent care Advanced Nurse Practitioner (ANP)-led, non-emergency, appointment-based, out-of-hours primary care service. Urgent care will assess patients who cannot wait until their GP surgery next opens. For urgent care contact NHS 24 on 111 before attending the urgent care centre. More acutely unwell patients will be transferred or admitted directly to Broadford Hospital. This may be for local treatment and care or for stabilisation and advanced management prior to onward transfer elsewhere.
RAIGMORE HOSPITAL Phone 01463 704000 Old Perth Road, Inverness, IV2 3UJ	The Highland area's only District General Hospital. Raigmore services include 24 hour Accident & Emergency, Diagnostics clinics; outpatients clinics; MacMillan suite; radiotherapy; Maggie's Centre; radiology; MRI scans; blood transfusion; renal unit; ICU; Orthopaedics; General Surgery etc
BELFORD HOSPITAL Phone 01397 702481 Belford Road, Fort William PH33 6BS	One of three Rural General Hospitals in Highland. The Belford services include 24-hour Accident & Emergency; Chemotherapy; podiatry; general surgery; cardiac rehabilitation; day clinics; midwifery; fracture clinic; renal dialysis; ultrasound.
Dental Care / Dentists	
NHS Highland dental services www.nhshighland.scot.nhs.uk Please note that Dental surgeries do not always have the capacity to take on new NHS patients. The NHS website includes a list of those practices currently accepting new NHS patients. Contact the dental surgery directly to enquire about joining the practice. Highland Dental Helpline available Monday to Friday, 8.45am to 5.00pm Phone 0800 141 2362 Email nhshighland.dentalhelpline@nhs.scot Offers information registering with a dental clinic and help to access emergency care for unregistered patients. Out of Hours Dental Assistance Phone 111. The NHS24 111 service provides urgent care and advice when your GP, pharmacy or dental practice is closed	

DUNVEGAN DENTAL CLINIC Phone 01470 521 774 Dunvegan Health Centre, Dunvegan Isle of Skye, IV55 8GU NHS Dentists for all aspects of dental health and hygiene. Can be contacted on 01470 521 774.	PORTREE DENTAL CARE Phone 01478 614218 Sraid An Eorna, Portree, Isle of Skye, IV51 9TU
ROS AN IAR DENTAL PRACTICE Phone 01599 236342 Lochalsh Health Care Centre, Station Road, Kyle Of Lochalsh, IV40 8AE Email info@rosaniardental.co.uk	
Opticians	
J M MACDONALD OPTICIANS Kings House, The Green, Portree, Skye, IV51 9BT www.duncanandtoddgroup.com/store/skye Phone 01478 612 644 Email skye@jmmacdonald.co.uk	CRAIG R. CAMPBELL OPTICAL LTD 2 Duncan MacPherson Court, Main Street, Kyle of Lochalsh, IV40 8AY www.crcampbelloptical.co.uk Phone 01599 530 022 Email info@crcampbelloptical.co.uk
Chemists	
BOOTS PHARMACY 5 Wentworth Street Portree Isle of Skye IV51 9EJ Phone 01478 612100	RIGHT MEDICINE PHARMACY Broadford, Ford Hill, Isle of Skye, IV49 9AB Phone 01471 822235 Email broadford@rightmedicinepharmacy.com
RIGHT MEDICINE PHARMACY Station Road, Kyle of Lochalsh IV40 8AE Phone 01599 534206 Email kyle@rightmedicinepharmacy.com	

LOCAL COUNCIL

Highland Council Service Points
For General Enquiries **Phone** 01349 886606

BROADFORD SERVICE POINT

Broadford Library, Old Corry Road, Broadford
IV49 9AP

Services available: - Report and request services (housing benefit, blue badges etc); Help with forms and general assistance.

For Registering a Birth, Marriage or Death

Phone Portree & Raasay Service Point below

PORTREE & RAASAY SERVICE POINT

Tigh na Sgire Park Road Portree Isle of Skye IV51
9GP

Services available: - Registration of births, deaths and marriages (by appointment); Report and request services (housing benefit, blue badges, etc); Help with forms, general assistance. Available for Civil Ceremonies. For Registering a Birth, Marriage or Death **Phone** 01478 613850

KYLE SERVICE POINT

Main Street, Kyle of Lochalsh IV40 8AB

Email kyleservicepoint@highland.gov.uk

Phone 01349 781581

Services Available: Registration of births, deaths and marriages (appointment required); Report and request services (housing benefit, blue badges, etc); Help with forms and general assistance; advice on burials. Information on all Highland Council services. Available for Civil Ceremonies.

Community Health and Social Care Services - Single Point of Access

Skye, Lochalsh and Wester Ross Single Point of Access team are available Monday to Friday
9am - 5pm. **Phone** 01471 820 174

Email nhsh.singlepointofcontactslwr@nhs.scot

Emergencies outside of office hours

For social work emergencies between 5pm - 9am only please contact the Emergency Social Work Service: **Phone** 0808 175 3646

Email esws@highland.gov.uk

Social work out of hours team

Is available Monday to Friday from 5pm to 9am, all day on weekends and public holidays:

Phone 0808 175 3646

Email

socialwork.outofhoursteam@highland.gov.uk

Email ESWS@highland.gov.uk

The Single Point of Access (SPOA) is for people who may have been to the emergency department and don't need to stay in hospital but do need other support. This might include care at home; care homes; day care; social work; adult support and protection; community occupational therapy; community physiotherapy; community mental health; district nursing or drug and alcohol services.

Highland Council is the lead agency for Integrated Health and Social Care for Children and NHS Highland is the lead agency for Integrated Health and Social Care for Adults.

EMERGENCY RESPONSE & RESCUE SERVICES

AMBULANCE

EMERGENCIES Phone 999 NON-EMERGENCY medical assistance – see list of GP Surgery contacts
NHS24 out of hours non-emergency medical assistance Phone 111

FIRE

EMERGENCIES Phone 999

Non-Emergency Phone 01478 612793

Skye and Raasay Community Fire Stations

(operating on an on-call basis) in Portree, Broadford, Dunvegan, Staffin, Uig, Raasay

Lochalsh Community Fire Stations (operating on an on-call basis) in Glenelg & Kyle with a Community Response Unit in Ratagan.

POLICE

EMERGENCIES Phone 999

Non-Emergency Phone 101

Portree Police Station

Somerled Square IV51 9EH

Kyle of Lochalsh Police Station

Main Street Kyle IV40 8BY

SCOTLAND'S CHARITY AIR AMBULANCE (SCAA)

www.scaa.org.uk

www.facebook.com/ScotlandsAirAmbulanceCharity

Email: enquiries@scaa.org.uk

Email: getinvolved@scaa.org.uk

Phone: 0300 123 1111

Working in partnership with the Scottish Ambulance Service (SAS) Scotland's Charity Air Ambulance plays a crucial role in responding to life-threatening accidents and medical emergencies across Scotland. Their highly skilled and experienced crew of paramedics and pilots operate from two helicopter air ambulances and two rapid response vehicles from bases in Perth and Aberdeen.

SCAA is a Scottish Charity SC041845 regulated by the Scottish Charity Regulator (OSCR).

MOUNTAIN RESCUE

EMERGENCIES Phone 999 ask for POLICE - then MOUNTAIN RESCUE.

Volunteer Mountain Rescue teams in Skye and Lochalsh assist Police Scotland with their public safety role. They provide a vital service for anyone needing assistance in the mountains of Skye and Lochalsh. Training and equipment is funded via public donations, grant aid and support from other charities such as Scottish Mountain Rescue and St John Scotland.

SKYE MOUNTAIN RESCUE TEAM

c/o Police Scotland, Somerled Square, Portree, Isle of Skye, IV51 9EH www.skyemrt.org

www.facebook.com/skyemountainrescue

Email info@skyemrt.org

Skye Mountain Rescue is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC038386.

Fully trained volunteer team on call 24/7 to help anyone in difficulty on the Isle of Skye. Skye Mountain Rescue Team have purpose-built bases (in Glenbrittle and at Sligachan) with their main area of operations in the Cuillins and Trotternish Ridge. They also assist the police and coastguard in searches along the Skye coast or other parts of the island and are sometimes asked to help other mountain rescue teams on the Scottish mainland.

GLENELG MOUNTAIN RESCUE ASSOCIATION www.glenelgmountainrescue.org.uk www.facebook.com/GlenelgMRT	The volunteer team cover the whole of Glenelg and Arnisdale peninsula up to Kinloch Hourn, and part of Knoydart. They can also be called out to assist Kintail, Lochaber and Skye teams when required. Glenelg Mountain Rescue Association is a Scottish Charity SC007565 regulated by the Scottish Charity Regulator (OSCR).
KINTAIL MOUNTAIN RESCUE TEAM Kintail MRT Base, Morvich, Glenshiel, Kyle IV40 8HQ www.kintailmrt.org.uk Kintail Mountain Rescue Team is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC053248.	Operates in the North West Highlands of Scotland and covers an area from Kyle of Lochalsh on the west coast, to Loch Ness in the east. This area includes 39 Munros, Falls of Glomach and the Affric Kintail Way. Work with Police Scotland, the UK Search and Rescue Helicopter Service (HMCG), RAF MRS and neighbouring Mountain Rescue teams on searches. They also have close links with the Search and Rescue Dog Association (SARDA) and have two active dog handlers on the team.
SEARCH & RESCUE DOG ASSOCIATION SCOTLAND (SARD) www.sarda-scotland.org Email secretary@sarda-scotland.org Search & Rescue Dog Association Scotland is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC048690.	SARDA trains dogs and their handlers to search for missing persons. They play a vital part in supporting Mountain Rescue Teams in their search for missing people and the Police in searching for vulnerable missing people. The handlers are all volunteers.
HM COASTGUARD and RNLI SERVICES HM Coastguard and RNLI work closely together. The Coast Guard is a government-funded organization that coordinates all maritime search and rescue efforts (24 hours a day). RNLI is a charity that provides the rescue boats and volunteers that man them. In an emergency Phone 999 or 112 and ask for the Coastguard.	
PORTREE COASTGUARD RESCUE TEAM and KYLE COASTGUARD TEAM are both located within Area 18: Loch Linnhe to Outer Hebrides including Skye and the Small Isles www.facebook.com/PorttreeCRT Email Area18@MCGA.gov.uk	RNLI PORTREE LIFEBOAT STATION Quay Street Portree, Isle of Skye IV51 9DF www.rnli.org Phone 01478 613610 KYLE OF LOCHALSH RNLI LIFEBOAT STATION Kyle of Lochalsh www.rnli.org Phone 01599 534 796

OTHER RESPONSE ORGANISATIONS

HIGHLAND AND ISLANDS BLOOD BIKES

www.haibloodbikes.co.uk

www.facebook.com/HAIBloodBikes

Email please use the enquiry form on website

Phone (urgent queries) 08432 897577.

Highland and Island Blood Bikes is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC049345.

Highland and Islands Blood Bikes play a vital role in providing secure and reliable transportation of urgent medical items. Their volunteer drivers provide motorcycle or vehicle-based courier services, transporting blood samples, patient medications other urgent consignments of behalf of the NHS laboratories, hospitals, pharmacies, and GP practices. Work across Highland region but can also include transfers out of the region to Elgin, Aberdeen, Dundee, Glasgow, Edinburgh or Perth.

HIGHLAND 4x4 RESPONSE GROUP

www.highland4x4response.com

www.facebook.com/Highland4x4Response

Email chair@highland4x4response.com

Highland 4x4 Response Group is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Scottish Charity Regulator (OSCR), Scottish Charity number SC053517

Highland 4x4 responders coordinate a team of volunteer drivers who assist category 1 responders (including emergency services and local authorities) and Category 2 responders (including utilities, transport companies) in times of crisis and bad weather. This might include transporting Nurses, Doctors and Patients to and from hospital for work.

INDEX

ACI RECOVERY SERVICES	5	CONNECTING CARERS	9
Addiction Support	5	COUNSELLING CARE: SKYE & LOCHALSH	10
Advice & Information Services	22	CROSSROADS CARE - SKYE & LOCHALSH	8
ADVOCACY HIGHLAND	23	Day Care Centres	16
AGE SCOTLAND	15	Dementia	10
ALCOHOLICS ANONYMOUS	5	Dental Care / Dentists	54
ALZHEIMER SCOTLAND – West Highland	10	Development Trusts	32
AM FASGADH Furniture Project	49	DEVELOPMENT TRUSTS ASSOCIATION	
ARGH SCOTLAND	6	SCOTLAND (DTAS)	29
AUTISM INITIATIVES UK	6	Doctors	53
BALMACARA COMMUNITY TRUST	36	DUNVEGAN COMMUNITY FRIDGE	25
BEAT	11	DUNVEGAN COMMUNITY MINIBUS	31
BEFRIENDERS – SKYE & LOCHALSH	7	DUNVEGAN COMMUNITY TRUST	33
Bereavement Support	See Crocus Highland	DUNVEGAN COMMUNITY TRUST –	
BROADFORD AND STRATH COMMUNITY		COMMUNITY BENEFIT FUNDING	38
COMPANY	32	DYSLEXIA SCOTLAND - SKYE & LOCHALSH ..	11
CAMUSCROSS AND DUISDALE INITIATIVE	32	Eating Disorders	11
CANCER RESEARCH UK – ISLE OF SKYE		EDINBANE and COMMUNITIES COMPANY ..	38
BRANCH	38	EDINBANE AND COMMUNITIES COMPANY ..	33
Cancer Support	7	ELGOL and STRATHAIRD DEVELOPMENT	
Carer Services/ Carer Support	8	TRUST	33
CENTRED (SCOTLAND) – DISCOVERY COLLEGE		EMERGENCY RESPONSE & RESCUE SERVICES	
.....	14		57
CHANGE MENTAL HEALTH	14	ENERGY ADVICE SERVICE (LSHA) / ALI	
Charity Shops	48	ENERGY	22
Chemists	55	EQUALITY NETWORK	23
CHEST HEART AND STROKE SCOTLAND	19	FAIRY POOLS GRANT FUND (MINGINISH	39
Childcare / Nurseries	23	Families	11
Children's Services	9	FÀS MÒR	23
CHRISTIAN OUTLOOK ON LOCHALSH (COOL)		FERNAIG COMMUNITY TRUST	36
.....	52	Financial Support/Material Assistance - for	
Churches in Skye and Lochalsh	50	individuals	24
COMMUNITIES HOUSING TRUST	26	Food Banks/Food Shares and Community	
Community Benefits Funding	38	Fridges	24
Community Centres	40	FRIENDS OF AN ACARSAID CARE HOME	37
COMMUNITY CONTACTS	22	FRIENDS OF BROADFORD HOSPITAL	37
Community Councils	27	FRIENDS OF PLOCKTON MUSIC SCHOOL	37
COMMUNITY FRIDGE	25	FRIENDS OF PLOCKTON PLAYPARK	37
Community Hubs	40	FRIENDS OF PORTREE HOSPITAL	37
COMMUNITY LINK WORKERS	14	GLENELG & ARNISDALE BUS USER GROUP ..	32
Community Radio	30	GLENELG AND ARNISDALE DEVELOPMENT	
Community Shops	30	TRUST	36
COMMUNITY SPACES	40	GP Surgeries	53
Community Swaps / Re-use and Recycle	49	HAMISH McBUS	32
Community Transport	31	HANDYPERSON SERVICE / CARE & REPAIR ..	16

Health Centres	53
HIGHLAND 4x4 RESPONSE GROUP	59
HIGHLAND ACTION for LITTLE ONES (HALO)	
.....	12
HIGHLAND AND ISLANDS BLOOD BIKES	59
HIGHLAND BLINDCRAFT SENSORY SERVICES	
.....	20
Highland Council Service Points.....	56
HIGHLAND HOSPICE	9
HIGHLAND PRIDE.....	13
HIGHLAND THIRD SECTOR INTERFACE.....	28
Hospitals.....	54
INSPIRING YOUNG VOICES	10
ISLE OF SKYE ARMED FORCES & VETERANS	
BREAKFAST CLUB.....	19
ISLE OF SKYE FERRY CIC	32
ISLE OF SKYE RENEWABLES CO-OP	
COMMUNITY FUND	39
KILMUIR COMMUNITY TRUST.....	34
KYLE & LOCHALSH COMMUNITY TRUST	36
KYLEAKIN COMMUNITY MINIBUS	31
KYLEAKIN CONNECTIONS	12
Later Life Housing / Sheltered Housing	25
Learning Disability Support	12
Leisure Centres	46
LGBT HEALTH AND WELLBEING	12
LGBT YOUTH SCOTLAND	13
LGBTQI +.....	12
Libraries in Skye and Lochalsh	47
LIVING HOPE (SKYE & LOCHALSH)	6
LOCHALSH & SKYE HOUSING ASSOCIATION	26
LOCHALSH REUSE AND RECYCLE HUB.....	49
Long Covid.....	See Chest Heart and Stroke Scotland
LUCKY2BHERE	38
Lunch Clubs / Community Lunches – Isle of Skye	17
Lunch Clubs/ Community Lunches - Lochalsh	17
MACMILLAN SERVICE	8
MACMILLAN SUPPORT - FUNDRAISING.....	38
MAGGIE’S HIGHLAND.....	8
MENOPAUSE SUPPORT GROUP	13
Men's Support Services.....	15
Mental Health Support	13
MIKEYSLINE	13
MINGINISH BLESSINGS BOX	25
MINGINISH COMMUNITY ASSOCIATION.....	34

MINGINISH COMMUNITY MINIBUS	31
Mobile Library Service	47
MOUNTAIN RESCUE.....	57
MYSELF- MANAGEMENT.....	18
NATIONAL AUTISTIC SOCIETY – HIGHLAND ..	6
NATIONAL HELPLINES	21
Older People	15
Opticians	55
OUTDOOR ACCESS TRUST FOR SCOTLAND (OATS).....	29
PARKINSON’S UK SCOTLAND	18
PLOCKTON & DISTRICT COMMUNITY TRUST	
.....	37
PORTREE & BRAES COMMUNITY TRUST	34
PORTREE NURSERY, PRE SCHOOL AND OUT OF SCHOOL CARE.....	23
RAASAY COMMUNITY RENEWABLES LTD ...	40
RAASAY DEVELOPMENT TRUST	36
RADIO SKYE	30
RAGTAG AND TEXTILE	15
Re-use and Recycle	49
ROSS-SHIRE WOMEN'S AID.....	20
ROYAL BRITISH LEGION SCOTLAND (RBLs)	
LOCHALSH BRANCH.....	19
SCOTLAND’S CHARITY AIR AMBULANCE	57
SCOTTISH AUTISM.....	7
SCOTTISH CROFTING FEDERATION	29
SCOTTISH HUMAN RIGHTS COMMISSION... ..	24
SEARCH & RESCUE DOG ASSOCIATION SCOTLAND	58
Single Point of Access - Social Work	56
SKYE & LOCHALSH CITIZENS ADVICE BUREAU	
.....	22
SKYE & LOCHALSH COUNCIL FOR VOLUNTARY ORGANISATIONS (SLCVO).....	28
SKYE & LOCHALSH YOUNG CARERS -.....	9
SKYE AND LOCHALSH MENTAL HEALTH ASSOCIATION	14
SKYE AND LOCHALSH PARENT CARERS SUPPORT GROUP	24
Skye and Lochalsh Parkinson's Support Group.....	18
SKYE AUTISM SUPPORT	7
SKYE CANCER CARE	7
SKYE OLDER PEOPLES WELFARE COMMITTEE (SOPWC)	39
SKYE STROKE FRIENDS	19
SLEAT COMMUNITY MINIBUS	31

SLEAT COMMUNITY TRUST	35	THE KEYS PROJECT	5
SLEAT FOOD SHED	25	THE MACULAR DISEASE SOCIETY - SKYE &	
SLEAT HYDRO COMMUNITY BENEFIT FUND	39	LOCHALSH SUPPORT GROUP	20
Social Housing/Homelessness Support.....	26	THE WAY FORWARD GROUP	18
SOUTH SKYE MEN'S SHED	15	THRIVING FAMILIES.....	11
STAFFIN COMMUNITY TRUST	35	TROTTERNISH KINDNESS CONTAINER.....	25
STRUAN COMMUNITY TRUST	35	TRUST HOUSING ASSOCIATION	25
STRUAN COMMUNITY TRUST FUNDING	40	UIG COMMUNITY TRUST	35
Swimming Pools.....	46	VIEWFIELD GARDEN COLLECTIVE.....	14
THE AGNES MACLEOD MEMORIAL FUND....	24	Village Halls.....	40
THE COMMUNITY FOODBANK - SKYE AND		Visual Impairment / Blindness.....	20
LOCHALSH	24	Women's Support.....	20
THE GLENDALE TRUST	33	XCEL CHURCH	51

HELP KEEP THIS DIRECTORY UP TO DATE

To help keep this directory up to date please let us know if you any details change or if there is a community group or activity that you feel should be included.

The downloadable version on our website will be updated monthly. The printed version will be updated every 2 years.

Contact: Skye and Lochalsh CVO info@slcvo.org.uk

NOTES



Scan the QR code to visit the **Community Information Hub** on our website and download the latest edition of the **Skye and Lochalsh Wellbeing and Community Support Directory**